



DOCK TALK

Dock Talk is a publication of the Healey Lake Property Owners Association (HLPOA)

MESSAGE FROM THE PRESIDENT

-- SUMMER 2023 --

COGRATULATIONS ON 70 YEARS!!

It's amazing to note that **2023 is the 70th Anniversary** of the formation of the Healey Lake Property Owners Association (HLPOA). The initial executive had just 3 members:

- Sam Cercone – President
- Howard Wilson – Secretary
- Arthur Ball – Secretary

Some of the Association's initial objectives included:

- 1) To provide, (with government support), maintenance and improvements on the road leading from Hwy 69 to Healey Lake.
- 2) To arrange for the provision of public parking facilities at Healey Lake and to make ensure there is ample space for all vehicles.
- 3) To try to arrange for public docking facilities at parking lot for property owners' use in loading and unloading boats, etc.
- 4) To make sure the lake is properly stocked with fish.

It's safe to say that the first three objectives have been fulfilled well beyond any initial expectations the original members and executive of "The Association" may have had. After many extensions of Healey Lake Road and numerous improvements we now have a first-class road from Hwy 400 through to the Moon River Marina on Georgian Bay, with well-maintained parking facilities at the 3 boat landings on the lake, and up to date public docks at each landing.

The association worked with both the local and provincial governments to initiate and complete these objectives and we have had constructive, supportive relationships with both levels of government which continue to this day.

We also enjoy ongoing support from the Township of the Archipelago to continue our efforts and remain steadfast in our commitment to maintaining the first three objectives.

The stocking of the lake with fish however, has since been discontinued – but natural reproduction now provides sufficient stock and some fun and ample fishing opportunities for those who are interested and so inclined.

2023 LAKE EVENTS

Bottle Drive Saturday, July 8 from 10:00 AM to 1:00 PM

The annual HLPOA bottle drive is being held on Saturday July 8th at the Main landing – at the public docks between the marinas. **If you can help out from 10 am to 1 pm, please let Dave Latter know.** Students are eligible for Community Service hour credits and are welcome to help.

All Money raised is used to support the Regatta.

Regatta - Saturday, August 5th

Come join fellow members at Lakeshore Marina.

After last year's success, we're excited and hopeful that the 2023 Regatta will be a big draw and an opportunity for new & existing HLPOA members to get together and enjoy time with their lake neighbours. George Youngberg is the Chief Organizer and needs your help to plan and carry out this Regatta. If you are interested in volunteering, please contact George at georgeyoungberg26@gmail.com. We do rely exclusively on the contributions of time and effort from our volunteers to run a successful Regatta event each year!

DAM UPDATE

We finally have some good news! With the support of the Township and from the Ministry of Natural Resources and Forestry, improvements will be made to the west dam (weir) that seal the leaks and stabilize the surface of the dam. Dan MacLeod will have more details in his report later on in this Dock Talk.

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MESSAGE FROM THE PRESIDENT

-- DAVID LATTER --

LAKE SERVICES AND IMPROVEMENTS

The port-a-potty was installed at the landing between the marinas in mid-May.



It is interesting to note that there was a perceived need for a toilet at the public landing as far back as 1962. A suggestion was made at the 1962 annual meeting to put an outhouse at the landing. A decision was made against this initiative, "for the time being"

While it only took 61 years, it's great to note that another HLPOA objective has been achieved!!

We remain open to suggestions from our members for any other ideas, initiatives or investments that would maintain or improve the Healey Lake community.

As always, we encourage all our members and their guests to support our advertising sponsors, the local businesses and especially the 2 Marinas on the lake. They strengthen the economy of the local area and contribute to the enjoyment of the lake by all cottagers.

VACANT POSITIONS

As indicated at the last two Annual General Meetings, this is my last year as President. I will be resigning at the end of our fiscal year (February 28, 2024). The last 7 years as President have been both rewarding and at times challenging, but it is time for a change. Please know that there are other, very committed volunteers that work as a team to support all Association activities and more importantly, support the role of President. Approaches have been made to a few very capable members but thus far, no one has come forward to take over my role or to assume the long vacant Vice President's position. Ideally it would be good to fill both roles – securing both a new President and Vice President to come on board which will help establish some continuity through the transition. I will also be available to help with a transition.

Please get in touch with me if you are interested and I can review the responsibilities with you.

GET IN TOUCH

If there are any ideas, issues or concerns that need the attention of the Executive, please email me at dlatter1712@gmail.com or call my cell at [+1 416 407-4965](tel:+14164074965).

David Latter

MEMBERSHIP UPDATE

-- DEBBIE LATTER --

FRIENDLY REMINDER

Please remember to complete the Online Membership Form (available at www.healeylake.org) as a first step, before you pay your annual dues. In addition to providing us with your most current contact information, this year's Membership Form asks two *additional* questions:

- 1) Do you want to be included in the Lake Directory?
and
- 2) Do you want a Cottage Watch visit next winter?

Why are we asking these questions?

We respect your right to privacy. We, therefore, need your approval to include your name and contact info in a HLPOA Lake Directory. It would be greatly appreciated if all members could renew their Memberships this year by **August 15th, 2023**. This will give us time to get the Directory assembled and printed. Later renewals may result in your being omitted from this year's update.

Our Cottage Watch program, like the whole of our Association, is made up of volunteers. Led by Arnie Sperl, these volunteers have provided a commendable service in reaching cottages and reporting back on any issues, despite very low volunteer numbers (only 3 for over 200 Cottages in 2021/22).

In the past two years, as they've made their rounds conducting cottage checks, they have noticed that a few cottages are used at various times throughout the winter months. If you are an occasional cottage user and check on your own place in the winter months, maybe you don't need a specific visit from the Cottage Watch team. Letting us know your intentions would help us as it will allow the team of volunteers to focus the Cottage Watch efforts on keeping an eye out on those cottages that are remain unoccupied from fall close to spring opening. The decision is yours on whether you would like to participate and would value and appreciate a Cottage Watch visit.

DID YOU KNOW?

The Hydro light between Lakeshore and Mariners Cove Marinas is funded by the Healey Lake Property Owners Association and costs just under \$400 per year to operate. That amounts to 9.6 members and their accompanying dues just to keep that single light going. This is only one of many services undertaken by your Association. If you are not currently a member, please consider joining.

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REGATTA CENTRAL

-- REGATTA COMMITTEE --

HEY HEALEY LAKERS!

Tis' the season to be summer jolly! The annual Healey Lake Regatta is around the corner. Come one, come all, Saturday August 5th 9am - 4 pm to Lakeshore Marina.... It's always a good time, and for some of us it's the highlight of the season! It's a great opportunity to reconnect with old friends and meet new Healey Lakers.

Whether you're into the swim races, kids games, cornhole, face painting, jewellery making, or mingling in the beer tent - there's something for everyone. . Our raffles and auctions were off the charts last year and we hope to have even more exciting prizes in store for this year. We welcome any and all donations toward the day, whether it be a little of your time, or a prize for one of our great events.

Please reach out to us if you'd like to get involved.... Your Regatta convenors Michelle or George @ 416-357-7052 or 416-357-5272

P.S. If you have a prize to donate please contact Melanie Coulson @ 905-330-6000

HLPOA 70TH ANNIVERSARY SWAG

To mark this exciting milestone on our lake, we have added a few special items to this year's Regatta Swag line up. We have a special vinyl sticker on order that you can put on your boat or car as well as a fun acrylic Marine Toque to wear while enjoying all your lake activities.

All items will be available for sale at this year's regatta. Remember...the Regatta is a CA\$H ONLY event.

WHAT ABOUT T-SHIRTS & SWEATSHIRTS?

As for clothing, this year there are two new exciting logos to purchase at the regatta. Our styles this year are a Champion branded crewneck sweatshirt and a Gildan soft style t-shirt. To catch a sneak peak of these items please keep an eye on the [@healeylakeregatta](https://www.instagram.com/healeylakeregatta) Instagram page and the [Healey Lake Property Owners - News & Views Facebook page](https://www.facebook.com/HealeyLakePropertyOwners-News-Views)



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INVASIVE SPECIES

-- CONTRIBUTED --

PHRAGMITES

Phragmites is a very competitive, invasive weed species. It is growing along highways and roads but is of greatest concern is when it takes root in wetlands. It takes over from native species and grows so thickly that no animals can live in their normal wetland habitat.

If you see it growing anywhere along Healey Lake Road, Crown Land or on your property please report it to EDDMapS: Report your invasive species sightings! (ontarioparks.com) and/or take a picture and send the location to dlatter1712@gmail.com.

Phragmites australis subsp. australis (Common reed) is an invasive perennial grass that was transported from Eurasia and is causing severe damage to coastal wetlands and beaches in North America. In 2005, Agriculture and AgriFood Canada identified it as the nation's "worst" invasive plant species. Invasive Phragmites was first introduced along the eastern seaboard but have since been identified and located farther west and north of the original point of introduction. In Ontario, invasive Phragmites has been identified across the southern part of the province, with scattered occurrences as far north as Georgian Bay and Lake Superior.



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SOMETHING IN A NAME

-- DEBBIE LATTER --

UNWINDING OUR HISTORY

Despite having been on the Association Executive for several years, I have never actually known much about the history of the Association.

As 2023 marks the 70th Anniversary of the Healey Lake Property Owners Association, I have started diving into a series of old files that were faithfully saved by the late David Pols, the Association's long time Archivist and Financial Adviser. I am only just beginning my research but hope to have a more comprehensive summary of the highlights available to share in the next Dock Talk.

I came across an old Association communication – a letter to all 24 people who constituted the entire membership then, dated July 15, 1954.

The excerpt reads as follows:

"Here's another thing – Mr Harry Berndt^{Sr}, Harry Berndt's father, is now on the lake for the summer, and residing at his favourite haunt "Pops Dream". Mr. Berndt had a slight heart attack last winter and is not too well. Doctors advise complete rest but you couldn't keep old "Pop" down. Healey Lake was his pride and joy – and if he had to rest, he was going to rest at "Pop's Dream". So at "Pop's Dream – Healey Lake" he is. How about dropping in to see his gang. A grand old fellow and one who would appreciate a short visit from his friends. Have a good summer "pop" and leave us a few fish."

The mention of "Pop's Dream" seemed familiar. I checked against our Association membership list and saw that Mike and Cheryle Smith include "pops dream" in their email address. It couldn't be just a coincidence, so I sent them the excerpt to see if there was a connection.

I am pleased to be able to share their lovely and much appreciated response for our Dock Talk readers.

RESPONSE FROM MIKE & CHERYLE SMITH

(17 Fox Back Road)

My parents, Val and Yvonne Bernard, purchased Pop's Dream back in 1962. My Dad had a friend Lynn Williams, and he had invited our family to his cottage on Kapikog Bay. My parents liked the area so much they purchased Pop's Dream from most likely Harry Berndt^{tr}. We, in turn, purchased the property from my Dad back around 1973 or thereabouts. We moved here permanently in 2002 - hence our email address popsdream2002@yahoo.com.

The original cottage was 20' by 14'. My parents added a couple of bedrooms to the original cottage as you can see from the photos. Over the years, we moved the old cottage twice. Then when we built a garage, the original cottage was taken down.

There was an outhouse attached to the old cottage with a Royal Doulton toilet, a hand pump on the deck to bring water up from the lake. There was no electricity so we had propane lights, stove and fridge. When we got a telephone 📞 we had party lines.

As of 2023, Mike and I have been coming to the lake for 61 years. - Mike & Cheryle

One thing I have quickly learned from my early reading of some of the Association files is that the saying **"Once a Healey Laker, Always a Healey Laker"** most certainly rings true! Though the names may change through the years via partnerships, marriages, etc many of these intrepid, first-generation Healey Lake property owners remain on with us at the lake in spirit - in the form of sons, daughters, grandchildren, nieces, nephews and so on.

Debbie Latter

Secretary, Healey Lake Property Owners Association.
573 Healey Lake Rd - formerly, the Vaughan's Cottage



ORIGINAL "POP'S DREAM" COTTAGE



POP'S DREAM ON THE MOVE



POP'S DREAM READY TO REST

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2020, 2021, 2022

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COUNCILLOR'S CORNER

-- DAN MACLEOD --

CONNECTIVITY

Bell is working on their build schedule and should know the site status by the end of the month. This is the first inkling we have had from Bell in the last 8 months. While it is not descriptive, we should know what the schedule would be by month end.

FOODCYCLER

Over 140 units have been sold throughout the Archipelago. To purchase this machine, (call the office 705-746-4243, enquire if the model you require (2 litre or 5 litre) is in stock. To pick up, please go to our office at 9 James Street Parry Sound, tell our staff your lot number, pay and take home. It's that easy. We have had nothing but positive reports concerning the operation

HEALEY LAKE DAM UPDATE

As reported at the HLPOA's AGM, the MNRF has agreed with the findings of the engineering firm, who examined the dam on Nov 1 (without ice and snow). Starting this summer, construction will start by building up the wall both downstream and upstream. While this will not create a leak proof wall (leaks will be minimal), it will increase the integrity to almost brand new. This action will be completed by the fall.

DEERHORN CONFERENCE

This year's conference will be held in October 21 in Parry Sound. Members of the Cottager Assc. attend to discuss – Sustaining The Archipelago: Preserving Our Township's Future, aims to foster collaboration, knowledge sharing, and innovative solutions to ensure a prosperous, resilient, and sustainable future for the Archipelago.

Together, we can preserve our Township's unique character and natural beauty for generations to come.

BYLAW ENFORCEMENT

The Bylaw officer is Liam Thompson he can be reached at the TOA office 705-746-4243 ext 326

GET IN TOUCH

As always , if there are any questions or concerns with the above subject matter or any Township issues, please contact me. You can reach out directly via email dmacleod@thearchipelago.ca or [+1 647-549-5474](tel:+1647-549-5474).

Dan MacLeod

70th ANNIVERSARY FLASHBACK

-- ONTARIO HYDRO --

BRINGING POWER TO THE LAKE

The Healey Lake Property Owners Association worked with the Bala division of the Hydro Electric Power Commission of Ontario in the early 1960's. It provided Membership lists to the Commission and attended meetings to advocate for bringing hydro services to the Lake.

In a letter dated March 22, 1962, The Hydro Electric Power Commission (HEPC) outlined its service requirements and rates for seasonal cottage services:

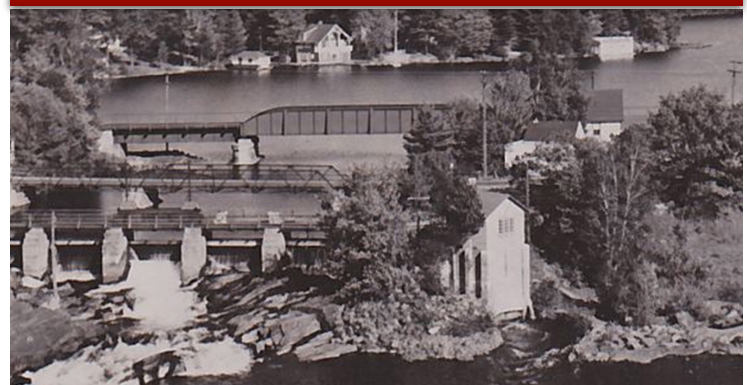
- A density of 12 customers per mile of new line. (Hydro later considered a density of 6 customers).
- Spring Bill: Annual fixed charge of \$22.22
- Fall Bill: Energy Bill subject to a minimum of \$22.22 which included permitted use of 690 Kilowatt hours at no additional charge. Energy used in excess of 690 KW would be billed at 2.6 cents for the first 210 hours and 1.5 cents for all remaining consumption.

The total gross minimum bill per annum would be \$44.44

The Commission would supply and install all lines for the first 100 feet of a customer's property with the customer being required to supply and install any service poles and service conductors for over 100 feet.



HEPC FOREST WORKERS



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Adam Smith 705-627-9070
redsrepairsrenos@gmail.com

HLPOA MEMBERSHIP

-- SHARON TOSSWILL --

WELCOME NEW MEMBERS

We would like to extend a welcome to all new cottage or property owners on Healey Lake!! We encourage you and your guests to consider joining the **Healey Lake Property Owners Association** – various membership options are available. Membership information is available at:

<https://healeylake.org/community/#membership>

WE'VE GONE DIGITAL

The Association is no longer mailing out hard copy Membership Renewal Forms other than on an exception basis. We initiated email renewals in March 2022, but some Members were not aware of this change and were waiting to receive mailed information.

MEMBERSHIP RENEWALS

Email renewals were sent in the Spring – if you have not already done so, please visit www.healeylake.org to complete the online Membership Renewal form.

This ensures we always have your current contact information. If you have moved or changed your email address, please update your contact information for next year. We will need your updated contact info in the event our Cottage Watch Volunteers find a issue or concern.

You have 3 easy and convenient ways to pay annual dues

- 1) Pay Pal – available through the website
<https://healeylake.org/>
- 2) E-transfer to Treasurer@healeylake.org
Include your 911/lot number in the cover email.
- 3) By cheque / cash which can be mailed to:
HLPOA | PO Box 132
MacTier, ON POC 1H0

**FYI: The bank requires checks to be made out to:
"Healey Lake Property Owner's Association"**

The abbreviation HLPOA is CANNOT be accepted

If you do not have an email address or would still prefer to receive a hard copy Membership Notice, please contact:

Sharon Tosswill, Membership Coordinator

647-217-6834 or sharon_tosswill@hotmail.com

MEMBERSHIP BENEFITS

Some of the many benefits of Membership include:

- 1) Two Annual General Meetings (AGMs) in May and September to meet other members and exchange views of interest to us all.
- 2) Three annual editions of our Dock Talk newsletter.
- 3) Cottage Watch: Over the winter, Volunteers will visit your property and alert you to any issues.
- 4) Webcams: There are two currently installed on the lake, which are viewable through our website
- 5) Notifications: Email blast delivered to your inbox to keep you aware of events on the lake
- 6) Lake Stewardship Program: Annual Water testing and working on many initiatives to keep Healey Lake safe and flourishing.
- 7) Annual Regatta: Scheduled regularly for the Saturday of the August long weekend with games, crafts, food, and a beer tent.
- 8) Fire & Safety
 - o Provides and maintains 10 fire pumps on the lake, available to help in an emergency situation.
 - o Maintains select courtesy lights and markers to aide boating safety.
 - o Link on our Home webpage to the current Fire Rating (Fire Icon in top right corner) or see also <https://www.thearchipelago.on.ca/p/fire-rating>
- 9) Automatic FOCA (Federation of Ontario Cottagers Association) Membership with your HLPOA membership. FOCA members may additionally benefit from potential insurance savings. HLPOA is also a member of the Georgian Bay Biosphere.
- 10) Boat Trailer Parking: Available free to Members Only located by the two Marinas. In addition, the Association in partnership with the Township, maintains three landings at Fox Back Rd; Pine Bay and Kapikog Bay
- 11) Representing our member's interests with the Township of the Archipelago.
Dan MacLeod is the Councillor for Ward 6, TOA.
A former President of the HLPOA, Dan is now a voice on Council, advocating for Healey Lake issues such as waste disposal, taxation, roads, fire safety, and working closely with the Association on MNR's management of the Dam etc.

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FIRE SAFETY & PREPAREDNESS

-- CONTRIBUTED --

MUNICIPAL FIRE PREVENTION & BY-LAWS

<http://www.thearchipelago.on.ca/p/fire-prevention>

FIRE RATINGS

<http://www.thearchipelago.on.ca/p/fire-rating>

The HLPOA website (www.healeylake.org) shows a fire icon in top right corner. Click on the icon for a current fire rating.

HEALEY LAKE FIRE PROTECTION

The Township of the Archipelago and other nearby municipalities do not provide fire protection of any kind for the Healey Lake area. Although there is a fire station in MacTier, this is operated by the Township of Georgian Bay and cottagers should not expect them to respond to a fire on Healey Lake.

The Healey Lake Property Owners Association does not offer a firefighting service; however, we have made available 11 gasoline powered, high pressure water pumps at various locations on the lake. These 11 courtesy pumps may be accessed and used by cottage members or their representatives to assist in fighting fires at their own risk.

Please be aware that the water pumps and associated equipment are provided on a "best efforts" basis and the Association assumes no responsibility for their reliability or for injuries to anyone using this equipment.

The pumps are stored in boxes that contain the pumps, hoses and a set of operating instructions. The Association occasionally puts on an annual demonstration of the use of the pumps at the Regatta or an Annual General Meeting.

The water pumps may be borrowed from the end of April to late October when they are removed for winter storage.

Four of the pumps are in place year round.

To the best of our ability, we try to make sure all our pumps are gassed up and ready for use when needed. After a fire pump has been used, it is important to notify John Mendicino at [705-321-2203](tel:705-321-2203) or john.mendico@gmail.com

FIRE PUMP LOCATIONS

Below is a list of the fire pumps currently deployed around Healey Lake – you can reference a map of these locations on the page following this one, or on the HLPOA website.

SEASONAL USE – MID APRIL TO LATE OCTOBER

- 409 Healey Lake Water (P. Hayley)
- 427 Healey Lake Water (A. Gilks)
- HLPOA Fire House on Main Channel
- 80 Healey Lake Water/Kapikog Bay (T. Szambor)
- 433 Healey Lake Rd/Dollard Bay (D. Ricci)
- 63 Earl's Rd (R. Martin)
- 314 Healey Lake Water (D. McNamara)

YEAR-ROUND USE (FIREBOX INCLUDES AUGER)

- 139 Healey Lake Water (C. Smith)
- 317 Healey Lake Rd/Mariner's Cove Marina (P. Hintze)
- 395 Healey Lake Water (G. Partchenko)
- 89 Fox Back Rd (D. MacLeod)

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FIRE PUMP MAP





LAKE WATER TESTING

-- SHARON TOSSWILL --

LAKE PARTNER PROGRAM

The Healey Lake Property Owners Association is a member of the Lake Partner Program (LPP). Once a year, we test water in two locations on Healey – in Pine Bay and in the Main Channel nearer to the Marinas. Separate from the LLP, this year, we are also doing sampling for certain invasive species. The two we are sampling are the European Water Chestnut and Water Soldier.

The LLP Water Program has not included testing for E-Coli testing since 2016. The rationale is that E-Coli is transient whereas phosphorus has a cumulative effect on a lake. It remains the responsibility of the individual owner to test his/her own water supply through the local Public Health Unit. **This is recommended at least once a year.** Water testing Kits are often available in the MacTier Public Library and always at the Public Health Unit on James Street in Parry Sound. We would suggest dropping off your water test kit to the Health Unit on Tuesdays or Wednesdays as they do not test over the weekend. Also, samples over 24 hours old will be rejected.

If individual cottagers would like to share their results with Douglas Thompson on an informal basis, please do so. Douglas says this would give an idea of the various counts around the lake, and has the potential to give an alert to septic problems or even issues with swimming.

The article below is taken from the 2022 Lake Stewards Newsletter, prepared and distributed by the Federation of Ontario Cottagers' Associations (FOCA). It provides more detailed information on what is being tested.

If you have questions about our Association's water testing, please contact either Dave Latter (dlatter1712@gmail.com) or Douglas Thompson (douglas.john186681@gmail.com)

Located in the heart of Muskoka (Dorset) is the Inland Waters Section of the Environmental Monitoring and Reporting Branch of the Ministry of Environment Conservation and Parks (MECP), home to Ontario's Lake Partner Program (LPP).

LPP volunteers play a vital role in the program by collecting water samples and Secchi readings. Without the time and effort contributed by these individuals, the LPP would not be where it is today. Thank you for your continued interest in monitoring lakes in Ontario!

What originally began in 1996 as a collaboration between FOCA, the Lake of the Woods District Stewardship Organization, and the District of Muskoka, is now the largest and longest-running program of its kind in North America.

Each year, hundreds of volunteers collect water samples from lakes in Ontario, which are tested by MECP for total phosphorous, calcium, chloride, and water clarity.

These data are accessible in digital format to volunteers, the general public, private organizations, researchers, and scientists. Through the work of LPP volunteers, a dataset over two decades long has been compiled, providing an overview of the historical trends of Ontario's recreational water bodies.

The LPP is a great example of community water monitoring, bringing communities with a shared interest for lake preservation together.

WHAT IS TESTED?

PHOSPHORUS

An essential element for organisms and the aquatic systems they inhabit; controls algal growth in most Ontario lakes. Gathering water samples to be tested for total phosphorus helps track lake conditions over time. Increased phosphorus may stimulate algal growth which can have implications for aquatic environments, such as reduced water clarity and/or deep-water oxygen levels, and increased frequency and size of algal blooms.

CALCIUM

A vital nutrient that many organisms rely on, including mollusks, crayfish and water fleas. Studies have shown certain Daphnia (water fleas, a type of zooplankton) are particularly sensitive to calcium levels. Within many Ontario Shield lakes, decades of acid loading and logging have led to a decline in calcium, which is expected to get worse in the face of climate change. For the tiny Daphnia, calcium levels below 1.5mg/L have been found to limit reproduction, and are therefore a cause for concern. In our current environment, the need for calcium testing and tracking is more apparent than ever.

CHLORIDE

Chloride is a natural component of freshwater environments. Like phosphorus, an excess of chloride can have serious implications for lake-dwelling organisms. In Ontario, the use of road salt is a common contributor of chloride, as it makes its way into waterways via runoff, melting snow, and vehicular movement. Monitoring chloride levels is essential to provide information that can be used to assess environmental risk and inform policies or programs aimed at protecting aquatic life.

WATER CLARITY

LPP volunteers track water clarity using Secchi disks. Water clarity or Secchi Depth, corresponds to the depth at which light penetrates into the lake. Factors such as biological turbidity (i.e. algae), non-biological turbidity, and dissolved organic carbon can have a direct effect on light penetration. Secchi disk readings can help track changes over time.

Stay Connected: Visit www.healeylake.org for the latest news and updates!

COTTAGE COUNTRY PHOTOGRAPHY

-- MIKE LAMOTHE --

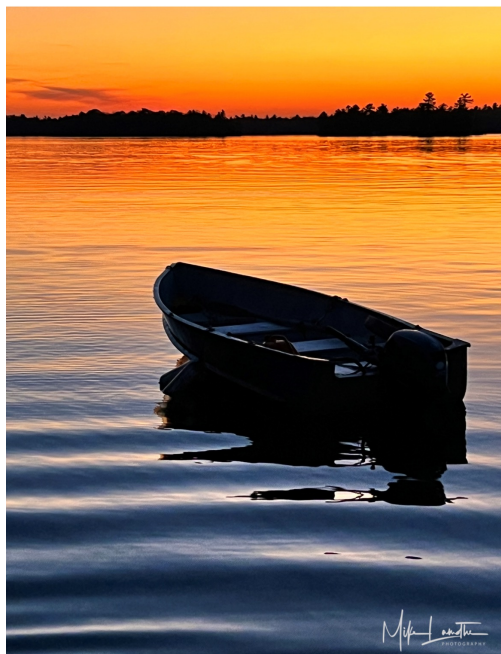
It is my pleasure to share this small collection of photos that I have taken in Northern Ontario. Of course, many of these have been shot on our beautiful Healey Lake! My passion for photography and many of the outdoor activities we enjoy on the Lake has allowed me to capture the wildlife and sunsets while hiking, boating and kayaking. The wildlife was primarily captured with my Canon R5 Digital Camera, while many of the sunsets were taken with my iPhone.

Mike



COTTAGE COUNTRY PHOTOGRAPHY

-- MIKE LAMOTHE --



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THE LAKED CHEF

-- RON HUTZUL --

SWEET MILK BOILED CORN ON THE COB

Prep Time: 10 Minutes | Cook Time: 20 minutes | Serves 4-6

Corn season is coming – but until then here's a great recipe to ensure "early-season" corn is mouth wateringly delicious!

INGREDIENTS

- ☐ 3 cloves garlic, halved (garlic puree is a good substitute)
- ☐ Kosher salt and fresh ground black pepper (to taste)
- ☐ 2 cups whole milk (if using lower fat, add some butter)
- ☐ ½ cup unsalted butter, cubed
- ☐ ¼- ½ cup Buffalo Wings Hot Sauce (reserve any remaining sauce to add later, adjusting to your taste)
- ☐ ¼ cup brown sugar (Splenda brown sugar works too)
- ☐ 8 cobs of corn, cleaned and halved
- ☐ 3 tablespoons chopped fresh chives
- ☐ ½ cup finely grated parmesan cheese (optional)

DIRECTIONS

- 1) Combine 4 cups water, garlic, 1.5 tspns salt and 1.5 tspns pepper in a large pot over medium heat. Bring cooking liquid to a boil; then reduce heat & simmer for 10 mins.
- 2) Stir in milk, butter, wing sauce and brown sugar. Bring back to a boil; add corn (use tongs), reduce heat and simmer until just tender, (rotating cobs occasionally) about 8-10 minutes.
- 3) Remove cobs from cooking liquid using tongs, (a second batch can go in if you've got guests)
- 4) Serve immediately, garnished with chives, salt, pepper hot sauce and a dusting of parmesan if desired.

I serve this summer favourite as a side accompanying any sort of protein coming off the grill – from simply burgers and dogs, to steak, pork, chicken or salmon.

BONUS "POACHED SHRIMP" PRO TIP

A great way to use that cooking liquid is by tossing in some shrimp! I like to use large shrimp 16/20 (that refers to size – generally the number that come in a pound) tail-on, peeled and deveined as they're large enough to be satisfying, (and easy to eat) but are still affordable. If you spring for jumbo 8-12s, you'll need to add 2-3 mins to the cooking time - or just finish with a quick hit on the grill.

- ☐ 1 lbs of 16/20 uncooked shrimp

DIRECTIONS

1. Add shrimp to simmering cooking liquid
2. Simmer gently for 3-3 mins, covered
3. Scoop from liquid and serve!



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