



September 2016

Dock Talk is a publication of the Healey Lake Property Owners Association (HLPOA)

President's Message

David Latter

This has to have been one of the best summers ever on Healey Lake. Hot, sunny and mostly bug free after June. Fortunately I was able to take advantage and take many 4 and 5 day weekends.

It is my observation (admittedly subjective), from the west end of Healey Lake, that there was some reduction in high speed boat traffic this season. Water skiing and tubing activities were further from shore and more often on less built up parts of the Lake.

I hope this has been the case for most of Healey Lake property owners. We are part of the "Safe Quiet Lakes" program. If you are not familiar with this program check out the details at <http://safequiet.ca/>.

Is there a shortage of blueberries this year? There have been several bear incursions on our and many other properties this year. Sophie, our resident guard dog, has chased them off for the most part but one did end up on the stairs to our deck. After some encouragement he retreated. A case of being closer to "nature" than we care to be.

After many years of dedicated service to the HLPOA in many capacities, most recently as editor of Dock Talk, Nancy Simpson is turning over her editorial responsibilities to Ron Hutzul. If you have any pictures, stories, anecdotes or other contributions for Dock Talk we are interested in receiving your contributions. Send them in any time. They will appear in the next issue of Dock Talk

I would like to thank Nancy, on behalf of all our members, for her many years of service to our association and in particular for making sure Dock Talk has continued to be available.

Sharon Tosswill organized the roster and arranged for publication of a Healey Lake Directory, this year. If you did not receive one, let her know and she will mail one to you.

The Regatta was a success again this year. A big thank you to Angie Reichenbach and her team for organizing all the events. This was Angie's last year as organizer in chief ... which means that we need a new volunteer to take over as the Regatta Coordinator.

The strength of our Association and its ability to carry on with our lake services is dependent on a number of volunteers. We have been fortunate to have new people come on board to take over some services. Mike Szymanski has done an excellent job in his first time running the Regatta's Beer Garden. Ron Hutzul has come forward to be the new editor of Dock Talk. For many years

cont'd p.2

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Bob Barrett has done the food purchases for the Regatta but he plans to retire from this function next year. Currently, we have Executive vacancies for Treasurer, Regatta Coordinator, Lighting Coordinator and Advertising. These positions do not require a great deal of time but they do need the energy of new people coming forward to take up the slack. I would like to thank all the behind the scenes volunteers who help out with the Association activities such as the Regatta and Bottle Drives and would encourage anyone interested in joining the Executive to contact me.

The executive will be looking at revamping the website to make it easier to use for finding out what is happening on the Lake and communicating among members. If you have any suggestions for what you would like to see, send your input to info@healeylake.org.

If there are any issues or particular concerns that need the attention of the Executive, please email me at dlatter@bellnet.ca or call my cell at 416 407-4965.



Picture courtesy of Safe
Quiet Lakes web site
<http://safequiet.ca>



The Healey Lake Property Owner's Association
Facebook page Join us today!

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Healey Lake Tennis Club

John Creen

Nets remain up as the season winds down. Last year was a "break-even" year with court fees covering our liability insurance costs.

Our goal is to attract enough tennis enthusiasts so we can have a surplus to enable us to buy new nets and a second basketball net.

A BIG thank you to Mariners Cove for once again looking after the court bookings.

Interested in competitive tennis ... please email me with your contact info and level of play. We can set up a list and forward to everyone and set up some round robin play.

We need some new signage so if anyone can help with this please let me know.

Rates have remained the same in 2016

Hourly Court Fees: \$10.00

Yearly Memberships: \$100.00

John Creen: jmcreeen@gmail.com

Remembering ...

Rose Anne Kreps

Rose Anne was an avid Healey Laker. She often told me that she was at her best at Healey Lake. Rose Anne died on August 14, 2016 at Stratford General Hospital. Despite failing health, she was able to spend a couple of weeks at the cottage before returning to her home in Mount Forest. Rose Anne is survived by her husband Bill, son Ted and his wife Merasol and a large extended family.

Rose Anne was a RN and held a number of senior administrative positions throughout her career. To say she will be missed is an understatement. While our thoughts are with Rose Anne's family, as her friends we have lost some of what was for us Healey Lake.

A celebration of Rose Anne's life will take place at Mount Forest United Church on September 17, 2016 at 11 am.

Regatta ... in review

Angie Reichenbach

On Saturday, July 30th Lakeshore Marina and Mariner's Cove Marina came alive for our annual Healey Lake Regatta. Starting at 9:00am kids and adults came eagerly to the race sign-up sheets, t-shirt/sweatshirt table and coffee kiosk to get the day started. At 9:30am the first swimming race, for 6 and under, got underway. This year's volunteers worked hard to make Regatta a success and I thank you all for your dedication to our kids and our lake! It was a beautiful day, not too hot and sunny and everyone had a great day together at Regatta.

In my final year as Regatta coordinator, I am happy to say that it has again been a huge success and a complete pleasure to work with so many helpful, generous Healey Lake Cottagers. Over the past 7 years I have made friendships that would not have been possible unless I had stepped forward to help. If you are thinking that the job of Coordinator is too big - I couldn't possibly do what Angie does! - think again. Regatta is actually divided into many parts (12 to be exact) and most of these areas will continue to have the same people running them next year as this year. I will also be available to help the incoming coordinator make the transition smooth.

So what does the Coordinator do? And how much work is it?

The Coordinator is responsible for contacting the team in the Spring and checking that everything has started rolling sometime after the May long weekend. I use an email distribution list and send off periodic emails reminding everyone how much time is left to Regatta and helping where I can, if needed. Generally everyone is on track and fully capable of running their own designated events. The other part of coordinating Regatta is making certain the things that are critical for Regatta to run be in place and are in fact ready to go. That means I take care of Port-a-Potties (very important!), filling out the food license (same one every year- I just copy/paste, sign it and send it

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Regatta cont'd ... p.5

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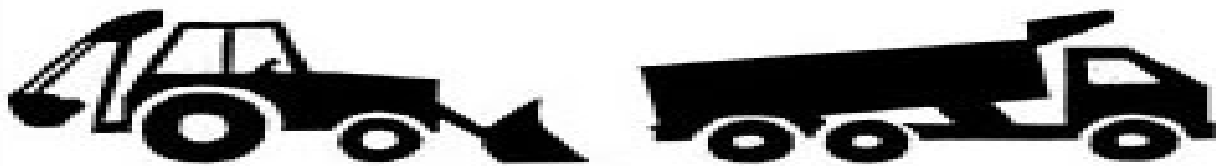
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away a month before), money floats (I coordinate with John W for that one - he basically takes care of it), and the financials (picking up cheques and delivering for reimbursement, a report to the exec. when all is said and done). I also liaison with marina owners and am always available for set-up/tear down and any questions volunteers may have the day of Regatta. Oh, and finally, I always write the Regatta report for *Dock Talk*.

I have developed a 15 page Regatta handbook with all the contact information for volunteers and details on each of the areas of Regatta. It is simple to follow and I basically print one off at the beginning of May and check off each bullet as it is completed. I hope you are thinking, wow, she is organized! ... I am ... I also hope you are thinking ... and now that she's explained it, regatta coordinator doesn't seem so hard. I hope you are also thinking of contacting myself or Dave Latter (HLPOA President) to put your name forward to coordinate next year's regatta. Because if you don't, there just might not be a regatta! We cannot let that happen so please consider. Here are the jobs and needs for next year:

Overall coordinator: open- urgent to fill - absolutely necessary for Regatta to function and must be filled. Could be filled by 1 or 2 people

Childrens games: open - 1 person needed

Accounting: open ... usually part of overall coordinator, but could be subdivided to separate role

Prizes: Angie R.- help appreciated, not urgent

Beer Tent: Mike S.

Food/BBQ: open - 1 or 2 people needed, very well organized by Bob B in the past

Craft table: Cindy

Sweatshirt/T-shirts: Sue S.

Auction/raffle: Alice - help appreciated

Photography- Andy Z

Advertising: John W. (sign), could have 1 more person to think of new ways to advertise regatta

Delivery: of equipment from and to storage- Bob and Charlie

Races/MC: Wendy (am), Chris (pm)

OPEN POSITIONS -explained:

OVERALL COORDINATOR(s) (could be shared by two people) : liaison with marina owners, send in pre filled (already filled out) food licence form, organize delivery of port-a-potties , available for questions from above volunteers, available day of regatta if any issues arise, email coordination to kick start season and ensure monitor preparedness for the day, help with any issues (estimated time: 20 hours pre regatta, and regatta day)

Children's Games...buy some prizes, run games for one hour from preset established list (estimated time : 1-2hours pre regatta, 1.5hrs at regatta)

Accounting - collect receipts, and make payments, detail budget expenses and sales for association (estimated time: 4hrs)

BBQ buy food/drinks (detailed list from Bob B, get ice, coordinate volunteers for grilling and sales, set up wash station to comply with food licence (detailed picture provided)

Volunteers for day of Regatta- always appreciate help and high school students can pick up volunteer hours





Regatta ... 2016

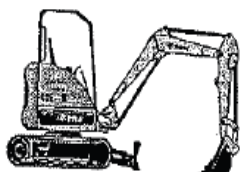


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5 FALL MAINTENANCE TIPS

Helpful tips to keep your cottage in shape for the winter months ahead.

- 1. INSPECT ROOF** - Your roof is the first defense in protecting your cottage. Look for loose or missing hinges, cracked caulking on flashings. Rain, ice, snow and wind combined with rapidly changing temperatures wreak havoc on roofs. **SNOW LOAD**, some of us may not use our cottage during the winter or see the amount of snow and the large snow drifts that can accumulate on the roof. Signs of stress can include unusual sounds from the roof or supporting walls, visible movement of walls or sagging of ceiling and cracking of drywall or plaster. Other signs may include doors that jam or structural footing movement or leaning. Older cottages and roofs with a low slope or roofs covered with rough roofing material tend to accumulate more snow than steeper pitches or slippery finishes. Always consider extra temporary winter bracing by an experienced professional and always arrange to have snow removed regularly during the winter months.
- 2. CHIMNEY & FIREPLACE CLEANING** - The first key to fireplace safety is cleaning. Eventually very chimney & fireplace requires a manual cleaning to remove creosote. Since the formation of creosote is an unavoidable by-product of burning wood, cleaning your chimney becomes an unavoidable task as well. Cleaning a chimney on your own is a dirty job and is rather difficult to do. The proper brushes and techniques should be used to ensure that the sides of the chimney are swept clean of creosote build-up. More importantly, proper inspection should be done at every cleaning to ensure that there are no structural defects such as pipe separation, cracks or missing mortar joints in the chimney flue that could lead to eventual safety problems. **CLEANERS**, are great for on-going maintenance after the chimney has been properly cleaned by an experience professional but these cleaners will not remove built-on creosote. For these reasons it is highly recommended that the task of cleaning be left to a professional.
- 3. CLEAN THE GUTTERS** - After leaves have fallen, clean out the gutters and downspouts, flush them with water, inspect joints, and tighten brackets if necessary. Clogged gutters are one of the major causes of ice dams. Replace old or damaged gutters with new ones that have built-in leaf guards.
- 4. PREPARE DECK & DOCKS** - Clean porch, deck and dock furniture, and look for any needed repairs. Cover and store outdoor furniture and barbecues in a protected area. Make sure all soil is emptied from pots and planters. Dirt left in clay pots will freeze and cause the pots to crack if left outside. Every spring we see sections of docks floating on our lake. Properly secure dock anchors and docks with ropes.
- 5. CLEAN YARD EQUIPMENT** - Prepare your yard equipment for storage. This includes draining fuel from all gas-operated equipment such as lawn mowers, leaf blowers, and chain saws. Disconnect garden hoses and drain them. Organize your snow cleaning gear. When snow arrives you'll want to have shovels and roof rakes where you can get to them.

Ed. We thank Guy Clement of CLEMENT Contracting & Maintenance for this submission to *Dock Talk*. Guy has over 20 years experience as a general contractor with a vast knowledge in building. He has been a property inspector and an energy auditor with the federal government for 10 years.

Langmuir Circulation

Foamy Streaks On The Water

Betty Staugler, Florida Sea Grant Marine

Have you ever wondered what those foamy streaks of scum on the Harbor are? Have you ever wondered why the bubbles seem to align themselves in streaks and not just cover the surface on windy days?

Those streaks or scum lines are due to a rather complex water movement phenomenon called Langmuir Circulation. When a specific blend of wind speed and wave movement occurs, we experience Langmuir Circulation.

Langmuir Circulation was discovered back in 1938 by scientist Irving Langmuir during across-Atlantic voyage. Langmuir noticed the sargassum (floating seaweed) forming linear patterns on the waters surface during his journey. Upon returning home, Langmuir conducted experiments in Lake George, New York, in order to explain the sargassum formations.

What Langmuir discovered was that as wind blows across the surface of the water, convection cells

begin to take shape as the shearing forces of the wind push the surface water. The surface water is pushed in a perpendicular fashion to create a circulation pattern below the water. These cells begin to rotate as “tubes” of water for the length of the bay waters just below the surface and pointed in the direction of the wind. The tubes rotate in opposite directions to the concurrent tube next to it.

In simplest terms, when wind pushes a unit of water from point A to point B, more water rushes

to fill point A. This causes an upwelling to occur. At point B, where there is more water than before, a downwelling occurs. This upwelling and downwelling effect, which happen over and over again, creates the spiraling tubes mentioned above.



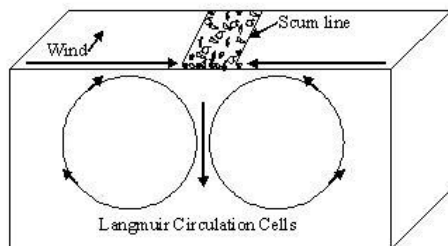
While we can only see the surface, the evidence of this phenomena occurring lies in the two concurrent, counter-circulating tubes that clear the surface on the up-welling and concentrate floating bubbles on the down-welling. Because the two adjoining cells or tubes are rotating in opposite directions, what we see is the accumulation of bubbles, foam, and debris on the waters surface.

Next time you're out on the water and you see the telltale scum line, look around for another. The distance between the two scum line streaks is equal to two tubes. If you position your boat on top of a scum line, the water beneath you will be moving down and downwind. As your boat drifts between two scum lines, the water beneath you will be moving up and downwind.

Langmuir Circulation can be observed on any body of water including oceans, seas, lakes, estuaries and rivers. This phenomenon can form very quickly and last from several minutes to several hours. So, have you seen those foamy streaks on the water lately?

Betty Staugler is the Florida Sea Grant Agent for Charlotte County. Florida Sea Grant is a University of Florida-IFAS Extension Program.

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Love Your Lake

No doubt you received your report from Love Your Lakes early in 2016. Reprinted here is the Healthy Shorelines Action Checklist. Healthy shorelines are one of the key elements in maintaining a healthy lake.

Source: <http://loveyourlake.ca/>



Healthy Shorelines for Healthy Lakes

Action Checklist

If you had the opportunity to have your shorelines professionally assessed or have taken our shoreline self-assessment, have you thought about actions you would like to take to enhance your shoreline?

Find below an Action Checklist which can help you put together a list of actions to help improve the health of your shoreline. We encourage you to fill in this PDF and save it to your computer and revisit it from time to time to track your progress.

I Will....	Completed	Will be completed	Not applicable/ not interested
1. Plant native trees and shrubs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Stop mowing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Stop using fertilizers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Leave woody debris.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Leave aquatic vegetation.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Replace hardened (concrete) steps.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Soften the retaining wall on my shoreline.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Choose an environmentally-friendly dock.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Install eavestroughs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Direct downspout water to a rain barrel or to a natural catch basin.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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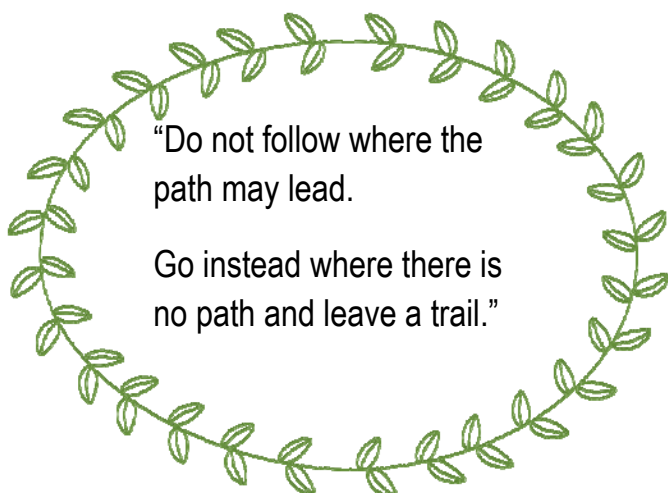
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Boaters have an important part to play in water quality

Source: Government of Ontario http://lrconline.com/Extension_Notes_English/pdf/wtr_qlty.pdf



Bottle Drive

Thanks to all who supported and participated in the bottle drive. Thanks especially to Charlie Smith & Bob Barrett who have given this fundraising effort their leadership for so many years.

Raised \$1100.

Good work

all!

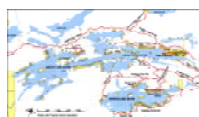


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The Healey Lake Directory



A tip of the hat to Sharon Tosswill and Lindsay Dragone for their great work on the Healey Lake directory.



Fabulous ladies — well done!!

The Last Word

Nancy Simpson rn.simpson@sympatico.ca

I want to thank Debbie Latter for the “heads up” on the Langmuir article. Someone inquired about the white foam we sometimes see on Healey Lake and Debbie put the inquirer in touch with the explanation. Since we have wondered about this for years, thought others might be interested in the explanation as well. Also thanks to Guy Clement for the article on fall maintenance. Guy is our newest advertiser. Welcome aboard Guy!

I am very pleased to welcome Ron Hutzul who will be doing the next issue of *Dock Talk*. We are indeed most fortunate to have Ron as our new editor. He has a background in graphic design and works in Marketing. I know he will welcome your ideas and suggestions.

That's it folks! Happy Labour Day week-end. Another summer has just whizzed by!!!



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