

Dock Talk is a publication of the Healey Lake Property Owners Association (HLPOA)

President's Message

By David Latter



For those of you looking for some peace and quiet, Healey Lake is the place to be in the fall months. It is unfortunate that most of us cannot spend more time at the lake, during this tranquil period when the days

are usually warm and the fall colours become their most intense.

The only noise last week was a few gun shots (out of season??) which excited the dog but only added to the fall atmosphere. There was only one car at the Pine Bay parking lot in early October and it was from Nova Scotia. Charlie and Frank, the year round residents who park there must have been on land duty when I walked by.

The executive are undertaking a few initiatives that the membership should be aware of.

The Safe Quiet Waters Program

It is no secret that there is some conflict between those who like high intensity boating and those who have a slower, more tranquil approach to moving around the lake. Noise and wake are the main concerns. We cannot change the personalities on the lake but we will work towards educating all members to operate their boats safely and with consideration of those who like quiet in the early morning and evening. Consideration and/or patience should also be extended to those who like tubing, water skiing and other high intensity activities. They also have a right to use the lake for their enjoyment.

Shore erosion is a concern on certain parts of the lake. An inventory of the most vulnerable sections will be done. There may be a need encourage skiers, wakeboarders and tubers to avoid certain parts of the lake where wake is doing the most damage.

Message Boards at the parking lots and marinas

There will a test market in the spring of 2016 to see if prominent message boards are helpful for communicating better with our members and providing timely reminders of events, dump times, topical safety information, and emergency situations, etc.

PayPal

We hope that members will be able to pay their fees by PayPal and electronic transfers for the 2016 season. The old payment options of cash and cheque will still be available.

Dam maintenance

The dam is inspected bi-annually by the MNR out of Parry Sound. If there are any concerns, an engineer is engaged for an opinion on whether remedial action is necessary. I have observed new leaks that have shown up this year. The dam will be inspected in late fall and I will provide an update in the next DOC TALK.

If you need to reach me I am at 416 407-4965 and dlatter@bellnet.ca. David Latter

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FIRE PUMP UPDATE

Courtesy fire pumps have been removed from the lake for service and winter storage. Two pumps/hoses and augers remain for emergency use at Mariner's

Cove and Charlie Smith's. (139 Healey Lake Water). A notice will be sent in the spring when the pumps have returned to their locations.

Membership Update

By Sharon Tosswill

Happy Fall to everyone. Today is glorious on the lake. We are finishing our year with 207 members with several unknowns to look into next spring. Hope everyone has a great winter at the lake or where it is warm. Welcome again to our new cottagers, those not met yet will be in the spring. Sharon

COMING IN 2016!!



Great News ... You will be able to choose online payment for your 2016 HLPOA membership fees. PayPal is being added to the HLPOA webs site this spring. Stay tuned.



Are you at the lake in the winter time? Enjoy a walk in the outdoors? Your help is needed with Winter Cottage Watch this year. Here is a note from Cottage Watch Coordinator, Richard Martin:

As I spent this weekend raking leaves, the thought of getting the snowmobile out for a cottage watch run seems a far way off. That being said, with the forecasts as they have been, its looks as though snow will fly before long.

We need a group of volunteers that willing to spend a couple of hours a month, during the winter season to help monitor the cottages on our lake. As in years past, all paid HLPOA members receive 'free' cottage patrols of their properties to identify any unusual activity or safety issues that may arise during the winter months. It is well known that many cottages are closed up, making them easy targets for break-ins. Monitoring the properties regularly with cottage patrols helps keep our lake community aware of what's happening even when cottagers have left for the season.

We ask that each volunteer spends time each month through the winter patrolling their assigned cottages and provide a report if there is anything unusual noticed (so we can notify the cottage owner). Depending on ice conditions this usually starts in January and runs through March.



If you were part of the cottage watch last year, please contact me as soon as possible. If you haven't volunteered before and are interested in helping out or have any questions about the cottage watch program, feel free to reach out. I can be contacted by email at mooseslodge@gmail.com or by cell at 647-274-0389. I expect to be dropping off patrol lists in late December/early January depending on lake conditions. Richard



Councillor's Corner By Grant Walker Ward 6



Here are a few updates of interest to our constituents:

WASTE: The transfer station has operated well this year and I hope that during the off season staff will have the time to change the traffic pattern inside so everyone is not bunched up turning and unloading at the one end.

ROADS: In September the Healey Lake Road was treated with a new process that will add five or more years to the life of the road. This fall another new process will be undertaken to seal any cracks that have developed. When the washout was repaired we spent quite a bit of money in upgrades to ensure that will not happen again.

ENVIRONMENT: As I have reported before we have contracted with the GBBR to develop and run our environment programs. We are now reviewing what was done this year and then we will be setting our plans for 2016. Anyone interested in the quality of our water, forests, children's programs, education and would like to get involved please contact me. In the north we had severe out breaks of Introduced Pine Saw Fly and there should be information available this winter on what to do if your property gets attacked.

OPP: We continue to negotiate a fairer deal on the cost of the policing services. Our local detachment is great to work with and provides us with excellent service. The problem is with the cost which I think is just another download from the provincial government.

GRANT WALKER grant@olresources.ca 705 720 2244

The Healey Lake Property Owner's Association Facebook page now has 156 Likes from cottagers and



friends of the lake. Join us today!

Many thanks to Bev Kyro and Romy Lamoureux for their assistance in maintaining our page!

Georgian Bay Biosphere UpdateBy Delaina Arnold

The Township of the Archipelago (TOA) has partnered with the Georgian Bay Biosphere Reserve (GBBR) to deliver programming to ratepayers. This summer marks the second year of Biosphere activities, offered in three

areas of the
Archipelago on a
rotating basis.
Healey Lake,
Bayfield Nares,
and South
Channel were
hosts in 2015,
and other



events were scheduled throughout the GBBR.

The Love Your Lake program was active in Healey Lake this summer. Brian Mills and Felicia Simon were busy on the water, conducting surveys and working with landowners. Regional reports will be available soon. Visit loveyourlake.ca or contact Brian at love yourbay@gbbr.ca.

The GBBR signature program Kids in the Biosphere was

also enjoyed by
Healey Lake
families at no cost
with thanks to
support from the
TOA. Each family
received an
activity kit full of
nature activities,
followed a



fascinating blog, and shared photos of their findings. Kids in the Biosphere staff were on location at events throughout the Archipelago hosting species at risk, shoreline planting, bugs in the mud, crafts, games, and more!

Discover the excitement: gbbr.ca/education/kids.

Georgian Bay Biosphere Cont'd

The Community Stewardship Program, facilitated through the GBBR, assisted the purchase of native plants for shoreline enhancement projects on Healey Lake and Crane Lake. Volunteers lent a hand and learned about the importance of having a natural shoreline. The Community Stewardship Program will remain active in 2016. Landowners west of the Highway 400 corridor are eligible for funding for projects such as shoreline erosion, septic improvements, and habitat enhancement. Visit gbbr.ca/community stewardship for more info and sign up to be notified of upcoming workshops, or contact Delaina Arnold at education@gbbr.ca.

Thank you to the residents and volunteers who joined



GBBR staff at Explore Our Shores this summer at Healey Lake Lodge. Hands on activities explored local forest health, water quality, and living with wildlife. For more information on any of GBBR's programs contact: info@gbbr.ca or visit the thearchipelago.on.ca.

Changing Times & Environment

By Louise Metz

Here is a memory which happened and was a part of our life on the lake.

During the 1940s it was my brother and my job to dump the accumulated garbage - cans, jars, plate scrapings, etc. We loaded it into the 2 HP driven boat and headed for the middle of the lake where we merely dumped the garbage overboard. What did not sink was food for the birds. Can you imagine doing that today?

Well, as time went on and there were a few more cabins on the lake other than the original three at the west end of the lake, it became apparent we needed to change some tactics. So......we began dumping on the land using various spots through the years. Time still passed and all of a sudden there was a road and a garbage dump which we used. No more lake dumping!

Then there was the issue of hygiene. Of course we bathed in the lake, scrubbed our teeth there and washed clothes in the lake. Can you imagine that today? My parents were only on the lake each summer for the month of July, so there were things that just had to be washed.

Originally I was washed as a baby in a galvanized washtub which also was used for our three children as well as all of our grandchildren. Now it's used as a receptacle for firewood for the fireplace.

Having spent time on canoe trips through Algonquin Park I realize what is done today as far as "garbage" is concerned as well as bathing and washing clothes is far more friendly to the lake. Through the years, of course we have changed and I find I am a great proponent of ecology and waste disposal. No more lake dumping and washing!.

The Beaver By Nancy Gilchrist

Beavers are very social animals that live amongst a large family consisting of monogamous parents, young kits, and the yearlings from the previous spring. The beaver is second only to humans to be able to manipulate and change their environment. Beavers are considered by some as a nuisance however they are now being seen as our biggest conservation story in reengineering the landscape to something more favourable. The beaver can transform less suitable habitats (fields and forests) into large ponds which can benefit the environment and bring life back to that environment. In some areas in Canada, beavers are being re-introduced to locations that need restoration where streams will turn into ponds and bring both water and vegetation back to those areas. Did you know that beavers will create standing dead wood by drowning trees which are inhabited by insects, thereby attracting bird life to the area. More than 50% of North America's threatened or endangered species rely on the beaver wetlands for survival. Overpopulation of the beaver is rare as they are very territorial and one family typically defends a half mile of territory from strange beavers.

The beaver does have a particular reason for felling trees. A large mature tree will be felled to form the basis for their dam while a much smaller tree will be felled for food. They must constantly gnaw on wood to keep their teeth from growing too long as otherwise they would never stop growing.

Stay connected!

www.healeylake.org

The Beaver Cont'd

The beaver is one of the largest of rodents. They are herbivores that eat leaves, bark, and twigs. The have stream lined bodies which enables them to be an unstoppable force to move around in water. They swim at speeds of 8 km per hour. Their fur is naturally oily and waterproof and they can turn on a dime as they have webbed feet like swimming fins and a paddle shaped tail covered with scales that they use as a rudder in water and for balance on land. Their eyes, ears and mouths are all toward the top of their head so they can swim with ease. There is a transparent film over the beaver's eyes' that act like goggles when diving. Also when they dive a flap covers their ears. If an enemy is nearby the beaver will slap its tail on the water to give warning to other beavers. Beavers are primarily nocturnal. The average beaver weighs about 27 kg or 60lbs when fully grown. Beavers need deep water to get way from predators like bears and coyotes. They can remain underwater for up to 15 minutes if necessary to escape from predators.

Beavers mate for life. In late spring the female has a litter of 3 or 4 kits. These kits can see at birth and are born with fur, and teeth. They remain inside of the den for about a month and the yearlings care for the new litter. During the beavers' second year of life they help their parents repair the dam and lodge and gather food for the winter. These young beavers will stay with their parents until their 2nd birthday and then they will leave to mate and build their own lodge.

Beavers live in dome like houses made of mud and branches. The mud not only holds the lodge together but it insulates the lodge so it keeps it warm in winter. Their lodges are found in open water and can only be reached from underwater access. Their lodge contains 2 dens, one for drying off after they enter the lodge from under the water and the other is a much dryer den where they spend most of their time with their family. There is a fresh air hole at the top of every lodge. They have been known to share their den with muskrats. The beaver does not hibernate. They don't seem to mind the cold as they can be seen active throughout the winter and they maintain the use of their ponds when

covered with a layer of ice. The water must be deep enough so as not to freeze to the bottom so that the beaver can still move about. They pile twigs and branches to last all winter at the bottom of the pond close to the entrance of their lodge.

Unfortunately we didn't see any beavers in our part of lake this season but we know they continue to reside in Healey Lake and we need to do our part to protect these creatures as they are doing much more for our community than anyone realizes.

Below is a fascinating link to the "beaver cam" and you can watch the kits in their lodge.

http://www.cbc.ca/beaverwhisperer/index.html

Have a great winter and see you on the lake in 2016!

In Memoriam: Gordon Harry Martin February 21. 1927–October 12. 2015

Gord passed away surrounded by his family at RVH Barrie after suffering a stroke. Devoted husband to Thelma (Tell) for 68 years, loving father to Carol, Barbara, Nancy and Jim. Grandpa to Saro, Michael, Alex and Trinity, and Great Grandpa to 6. He will be remembered by his many friends and neighbours.

Gord excelled in sports at Danforth Tech in Toronto and spent his working years at the CNR as a land appraiser and chief draftsman, retiring after 35 years. Using his craftsman skills, he built the family home, a boat, the cottage and cabin at Healey Lake.



After suffering a stroke on Saturday, October 10th, our father, Gord Martin, passed away on Monday, October 12th. He enjoyed his 54th year on Healey Lake this past summer. He will be sadly missed. Donations to the Heart & Stroke Foundation are appreciated.

Flying Lanterns Beware

The HLPOA has received several messages from members regarding the use of Flying Lanterns at the lake. Particular concern has been raised during summer months when forests and trees are dry.

It may interest property owners to know that the use of Flying Lanterns (paper lanterns powered by lit candles) have actually been banned in Saskatoon, Nova Scotia, Prince Edward Island, and Newfoundland. In Windsor, Ont., the fire department would like to prohibit their use after one got stuck in a tree downtown while still ablaze this past summer.



As a passerby, it is quite lovely to watch dozens of the glowing lanterns light up the sky. The paper lanterns have been used for centuries in China, and are growing in popularity across Asia, parts of South America and Canada. The lanterns stay afloat until the flame burns out, or (and this is the concern of many property owners), winds blow the lanterns into trees where they become lodged and start fires.

In response to constituent concerns, the Kawartha Lakes city council voted to ban the use and purchase of flying lanterns across the municipality. Cottage Life reported this in an article posted this fall. Here's what the fire chief had to say:

"Flying Lanterns may look pretty but there is an extreme fire risk associated with them," said Kawartha Lakes fire chief, Mark Pankhurst, in a statement. "Kawartha Lakes covers more than 3,000-square-kilometres and we have a lot of wooded and rural areas that could be adversely impacted if one of these flying lanterns landed in a hard-to-reach area," said Pankhurst. "This ban is following a trend by a number of municipalities to prohibit the sale and use of flying lanterns."

In 2012, the Ontario Fire Marshall proclaimed that the lanterns pose a serious fire risk. "Due to their uncontrolled and unpredictable flight path, the lanterns can land on trees, building rooftops, or other combustible properties, while still ignited, and potentially cause damage," the Fire Marshal said in a 2012 statement.

NOTE: The HLPOA cannot ban the use of Flying Lanterns on Healey Lake but are aware of their danger. Interested property owners are encouraged to speak to our councilor, Grant Walker to action similar bans in Archipelago.

In the meantime, property owners are asked to use common sense and put safety first when enjoying time with family friends at the lake, and to refrain from the use of flying lanterns in forested areas.

**Details of this article are courtesy of Cottage Life: http://cottagelife.com/news/flying-lanterns-now-banned-in-kawartha-lakes

Be on the lookout for Bot Fly Larvae By Michelle & Dave Fenwick

A note to Healey Lakers with dogs:



Our vet just pulled a bot fly larvae parasite out of our 9lb dog, Jackie. 1/2 the size of my pinkie finger. This was three weeks after we had returned to New Jersey from our few weeks on the lake. We had

become worried because it felt like a tumor was growing under her leg.

The vet explained she had gotten it while digging to catch chipmunks at the cottage. The Bot Fly larvae are deposited next to the chipmunk holds in hopes to attach to a host going in or out of the hole. Here is a photo of dog on the hunt and a photo of the larvae.

Dave and Michelle Fenwick

In Memory of Christine Radler

It is with great sadness that we announce the passing of Christine Radler at Hamilton General Hospital on Saturday, November 7, 2015, as the result of complications from a car accident, at the age of 68 years.

Christine was the beloved wife for 47 years of Fred Radler of Elmira. Loved mother of Jim (Charlene) and Cathy (James) Radler. Loving grandmother of Matthew, Lucas, and Jaiden Radler; Sydney Gregg, Jacob, and Brayden Lichty.

Christine was a loving and devoted wife, mother, grandmother and friend. Her family and friends will always be thankful for the gift that was her life. She especially enjoyed spending time with her six grand-children at Healey Lake.



Around the Lake

By Stephanie Joiner



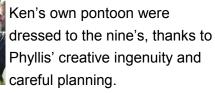
Wedding bells were ringing on Healey Lake this fall as we celebrated the union of Phyllis McEwan and Ken Fleming.

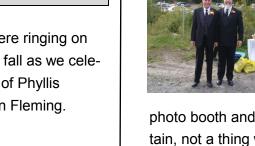
The lovely couple

were married on the Barrett barge, surrounded by a platoon of family and friends. Both the



Barrett barge and

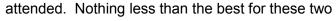




Following the wedding, friends and family joined together at the cottage to celebrate the day. With

sparkling lights, great music, a

photo booth and chocolate fountain, not a thing was left to chance. This was by far one of the finest weddings I have ever



wonderful people. May happiness and good fortune shine on you always!

Did we mention that the bride went 'bear feat' :-)
Congratulations Ken and Phyllis!





Fishing Smarts—Healey Lake Endorses Catch and Release



At the fall AGM, Healey Lakers passed a motion to endorse catch and release fishing on the lake. Preserving our fishery for our children and grandchildren is a concern for all of us on the lake as we have seen fishing decline over the years - particularly bass and pike. Note that we're not advocating a 'keep nothing' philosophy, but we do encourage the keeping of less fish, smaller fish that are not of spawning age, and different types of fish. By returning game fish such as Bass and Pike to the lake, and keeping other pan fish such as Crappie that are in higher abundance (and super tasty!), you and your family can enjoy a terrific meal and help preserve the fishery at Healey for generations to come. Please share this information with family and friends.

Fishing License Facts: There are two kinds of licenses available in Ontario - Sport Fisherman and Conservation, with the latter having lower catch limits, noted in the chart below by either C or S. If you're an occasional fisherperson who is inclined to return your catch to the lake, the Conservation license is economical and a great way to go. Licenses are required for all persons over the age of 18. Fishermen under the age of 18 must carry valid government Identification.

Opening Season dates for Healey Lake (Zone 15) in 2015:



Please preserve our fishing heritage at Healey Lake by practicing catch and release for prize fish such as Walleye, Bass and Pike, and observe catch and size limits. Pan fish such as Crappie are easy to catch, plentiful and make a great lunch!

It's up to all of us to keep our environment strong for our children. If you see anglers on the lake who don't respect these laws, please care enough to act. You can reach the Ministry of Natural Resources and Forestry TIPS line at: 1-877-847-7667 or Crime Stoppers (anonymous) 1-800-222-TIPS (8477).

For more information on fishing in Ontario please see: https://www.ontario.ca/travel-and-recreation/fishing

How to Have a "Crappie Lunch"

Black Crappie is a delicious eating fish and in healthy abundance in our lake. Best times for catching are early evening or just before dusk. Small plastic baits in white or light pink are most effective. Worms also work well. These fish can be found in Dollar Bay, Main channel and Kapikog Bay, and are found more and more in other locations throughout the lake. In winter, Crappie can often be caught at the mouth of the Conger.

Many people think cleaning pan fish (Crappie, Rock Bass) is a chore, but in reality they are very easy. The meat is light, white and great for eating. Here's a quick five step guide courtesy of Outdoor Life:

- 1. Necessary tools include a fillet knife (electric or fixed-blade); a cutting board (plastic and glass reduce bacteria); and some newspaper or a bucket for disposal of waste parts. Note: Bears are avid fish eaters. Take care when storing waste parts.
- 2. Holding the tip of the tail (a skinning board with a clamp can be quite helpful), turn the knife blade toward the tail and continue cutting, staying on top of the back and belly fins. You'll feel resistance as you cut through the rib cage, but be careful not to cut into the backbone. It's better to cut too shallow than to cut too deep. Continue your cut toward the tail, until you have almost, but not quite, cut the scaly fillet off.
- 3. With the fillet barely attached to the tail, flip it away from the fish. Position your knife on the narrow portion of the fillet; while holding the fish, slice between the meat and skin to remove the fillet. To obtain the most meat, cut very close the skin. When the fillet is removed, place it, with rib cage still attached, on a sheet of waxed paper. Flip the fish over and fillet the other side.



4. Take each fillet and carefully cut out the rib cage with the tip of your knife. To keep the most meat, angle your knife and slice close to the ribs.



5. After you rinse the fillets, they're ready to cook or store!

Let's EAT!!

No Fish Crisp in the cottage and you are hankering for a fish lunch? Try this easy recipe for a delicious serving of panfish: Serves 6-10 filets:

- 1. Prepare 2 bowls—one with water, in the second combine these dry goods and stir up well:
 - 3/4 C pancake mix
 - 2 TBSP Garlic Powder
 - 1TBSP Dried Basic
 - Salt and Pepper to taste
- Heat a non stick skillet at Med temp and add 1 TBSP margarine or butter (butter burns so watch your heat).Let butter melt and do the following:
- 3. Dip each filet in water and drag both sides through the dry mixture.
- 4. Cook in pan until sides are well browned and fish flakes easily, flipping at least once. Add margarine or butter between cooking intervals. Take care not to put too many fish in the pan at once or it may affect cooking quality.
- 5. Serve with homemade fries, salad or side of your choice and enjoy!

to



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The Last Word, by Stephanie Joiner

Hoping this edition finds you well and settling in at home to await the coming of winter (or the freezing of the lake depending upon your priority!). We are fortunate to have had a great number of volunteers at events this year which made all the difference to the success of the Regatta, green shed repairs, fire pump roundups, and the Dock Talk. A special thanks to Louise Metz, Michelle Fenwick and Nancy Gilchrist for giving of their time to add to this edition.

Here's hoping we can continue this tradition next year and ensure the continued vibrancy of our community. Until we meet again, wishing you and yours a safe and happy winter season.