



June 2015

Dock Talk is a publication of the Healey Lake Property Owners Association (HLPOA)

From the President

David Latter

The 2015 Annual General meeting was a very positive way to start my term as the new President.

Attendance was better than usual, there was a lot a constructive input from the members and volunteers stepped forward to fill all the executive positions.

I am in the happy position of having an executive that already has a good grasp of the issues that have a high priority and those that can be addressed over the next year.

Unfortunately a fire destroyed one of the cottages on the lake, in May. It was news to me that there is no municipal fire department to call for help. Local volunteers pitched in and the refurbished pumps got their first work out. The forest was protected which is point of having portable pumps available.

All cottagers are encouraged to conduct a fire prevention analysis/inventory at their location. There will be more on this subject in the next DOCK TALK.

Keep Saturday August 1 open for the Regatta. Angie and her team have prepared another fun day for children and adults alike.

Watch for more details on the, Explore Our Shores Workshop, at Healey Lake Lodge on Saturday July 26, 10-12. This event is open for children.

Enjoy all the water activities on the lake, boat safely, and be considerate of the views of you neighbours. We don't all have the same interests but we all share the same space.

Mark Your Calendar Now

Blue Rodeo –Stockey Centre www.stockeycentre.com	June 26
Bottle Drive	July 11
Explore Our Shores Workshop Healey Lake Lodge 10 –12 a.m.	July 26
Regatta	August 1
HLPOA Fall Meeting	Sept. 6

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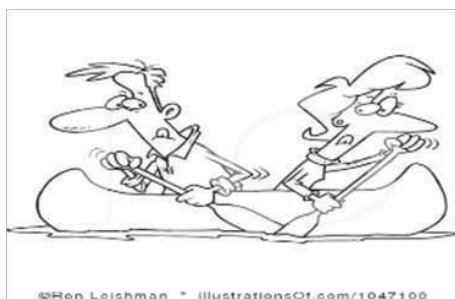
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Regatta

Angie Reichenbach, Coordinator

Cottage phone: 647-297-8518

Email: areichenbach05@gmail.com



After a one year hiatus, this year's Regatta plans are well on their way. With ten organizers on the main planning committee and over ten other volunteers ready to man tables and help wherever needed, we are in very good shape for the implementation of our Regatta plans. Our new and improved team had a very productive meeting in the Fall and a 7 page Regatta handbook has been developed. The handbook outlines all you ever needed to know about planning and implementing each Regatta event. Angie is already knee deep in emails, phone calls and exciting plans with everyone. If you ever wanted to get involved in Regatta this is the year! There are many opportunities to help at a table or event for just 1 or 2 hours. Please call or email Angie Reichenbach (Coordinator) if interested.

DATE and TIME: Regatta happens on Saturday, August 1st beginning at 9am.

NEW THIS YEAR - Coffee and breakfast items at the beach in the morning.

LOCATION: Meet on the beach at Lakeshore Marina at 9 am sharp to sign up for races and games, including NEW THIS YEAR - a volleyball tournament!

T-SHIRTS: Not just t-shirts but NEW THIS YEAR Healey Lake sweatshirts will be available. Another reason to get to the beach early in the morning. You

don't want us to sell out and be left waiting until next year for your Healey Lake sweatshirt.

BBQ: The same BBQ items will be available this year but NEW THIS YEAR new food options such as veggie burgers/veggie option, chicken on a bun or wraps, small chip bags, fresh fries. Can Regatta get any better?

In closing, our focus this year is to honour the traditions of the past while infusing today's Regatta with some new and updated ideas for the future. We are working on a Regatta that will be relevant to young families and adult families alike.



This will ensure Healey Lake has a fabulous Regatta this year and to continue for 50 more wonderful years, all organized for you and your team.

New This Year

BOOK TABLE: We all have books that we have read over and over at the cottage but who wants to lug them home? Take those old books off the shelf and if they are in good shape bring your children and adult's books to donate to our Book Table.

DJ ANYONE? Does anyone want to volunteer to play some tunes at Regatta this year? Child friendly music would be so much fun to play in between races, during lunch hour or any other lulls in the day. If you have equipment to patch into Angie's system (an ipod will do) and the will to DJ for the day, please contact Angie.

KIDS GAMES ARE BACK! but we need one more person to help get them up and running. If you are interested in assisting Angie and Michelle at the Kids Games event please call Angie. We are a fun team so don't be shy! ... Regatta cont'd p.3

So ... How can you help ...

Volunteer

- Event or table for 1-2 hours
- Helping with kids' games
- Playing kid friendly music
- Donate to the book table

Come out and participate on August 1

**Contact Angie now ...
and get in on the fun!**

Cottage phone: 647-297-8518

Email: areichenbach05@gmail.com

BOATER'S CODE

Respectful boating guidelines from Safe Quiet Lakes

1. I will never operate my boat beyond the level of my skills.
2. I will be aware of and obey all laws and regulations governing operation of my boat.
3. I will operate my boat with caution and courtesy to others at all times.
4. I will minimize my wake impact on shorelines, docks, structures and people.
5. I will always steer well clear of other boats, swimmers and wildlife.
6. I will set a speed and heading that is safe and comfortable for my passengers and others on the water.
7. I will provide safety instructions and offer appropriate life jackets or PFDs to everyone who travels in my boat.
8. I will carry all equipment necessary to operate my boat safely and within the law.
9. I will not consume alcohol in my boat or allow my boat to be operated by anyone who is impaired.
10. I understand that boating is a shared experience and I will not create excessive noise or operate my boat in a manner that disrupts the peaceful enjoyment of the lake by others.



On The Dock Recipe

Rose Anne Kreps

SPINACH SALAD

Salad

6 cups packed baby spinach

6 strips bacon cooked and chopped

2 avocados, peeled, pitted and sliced (drizzle lime juice over avocado slices, toss and drain to retain colour)

Honey-Mustard Vinaigrette

2 Tbsp. cider vinegar

1 Tbsp. grainy Dijon mustard

2 tsp. liquid honey

¼ cup extra-virgin olive oil

Pinch of each salt and pepper

Honey-Mustard Vinaigrette: In small bowl whisk together vinegar, mustard, honey, salt and pepper. Gradually whisk in oil. Drizzle over salad and toss.

Provincial Antivenom Depot

West Parry Sound Health Unit is the provincial antivenom depot for Massasauga rattlesnake bites.

If bitten, what should you do:

Don't panic! Not all bites result in venom being injected. One quarter of all rattlesnake bites are 'dry' bites.

- Stay calm and reduce movement,
- Clean the wound. Wash with soap and water,
- Remove jewelry on the affected limb,
- Call emergency services (911) and get to hospital as quickly and safely as possible,
- DO NOT apply ice or a tourniquet,
- DO NOT cut or apply suction to the bite area.

How to prevent snake bites ... go to www.wpshec.com/index.php/programs/ontario-antivenom-depot

Black Flies

Nancy Gilchrist

I never really know what to write about but I always think it is good to know about our environment and what surrounds us while we are there. And for the last month these bugs have certainly been surrounding us.

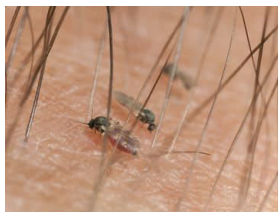
So, facts about this very small annoying insect. A black fly only lives for about three weeks and it is only the female that does the biting as she needs blood to lay new eggs. The length of time they exist each year really depends on the weather and how fast the spring run-off is and how much rain we get.



It is true that once dragonflies are in the air the black flies soon disappear but even though dragonflies eat hundreds of black flies, they are not the demise of them each spring. What is the demise is days of hot weather in May and June but if we have a cool wet spring they can last into July. These flies pose little risk to humans, unlike the mosquito that leaves their barb in your skin, (which can cause disease) the black fly just takes a chunk of your skin. There are many different species of black flies but really only 2 that are typical to Ontario. The female lays between 150 to 600 eggs on vegetation, rocks or scattered over water's surface of streams or creeks (unlike the mosquito which need stagnant waters to lay their eggs, black flies require moving water). They also only lay their eggs on water that is uncontaminated and free of organic pollution, so I guess that speaks well to our environment and the quality of our lake.

When these black fly eggs hatch into larvae they begin their life under water, then as the water warms up into spring they develop into the pupae stage and will float up in a bubble of water and emerge from the water ready to fly when they reach the surface.

The adults mate almost immediately and then the females are looking for their next blood meal so she can begin the cycle again of laying her eggs from the same place from where she emerged.



Black flies are attracted to the scent of carbon dioxide and body heat so humans and animals alike don't stand a chance. For humans, wearing dark clothing will attract their attention as will the scent of perfumed products. So during our wonderful spring season, it is recommended you wear light coloured clothing, long sleeved preferably, and clear away any low hanging leaves and long grasses where they rest in between flights. These bugs are most active in the morning and late afternoon and on warm overcast days. Lastly stay out of the bush where they are always in abundance.

Its Game, Set, Match Healey Lake Tennis Club

John Creen

Finally we are all set to go! The Healey Lake Tennis Club is up and running and the following people should be thanked for making it happen:

Ken Fleming, Koral Family, Langenfeldt Family, Blue Moon Marina, Karl Ramola and Family, Cox Family, John Todd and Family, Lakeshore Marina, Wingfield Family, Jeff Smith and Family, Mariners Cove Marina, Dr. J. Hicks, Creen Family

We are working on a plaque and/or banner to acknowledge these people. A special thanks to Lakeshore Marina for providing free accommodation for the court contractors in addition to their donation. Mariners Cove also deserves special mention, not only for their generous donation, but also for the very hard work of Peter Hintze in soliciting donations from his customers. Mariners Cove has also offered to look after court bookings.



We have purchased a portable basketball net and the plan is to install a 2nd. one as well.

We are planning a volunteer day to clean up, restore the outhouse, paint the practise board, etc..... This will be held after Black Fly season. Please send me an email if you can help out.

Healey Lake Tennis Courts ... cont'd p.5

Courts must be booked at Mariners Cove

Rates are as follows: Please pay at Mariners Cove

- Yearly Family Membership: \$100.00
- Hourly Court Bookings: \$10.00

Rules and Regs:

- Same day, 1 hour bookings
- Proper tennis shoes required
- No hockey sticks on the courts.

Anyone using the Healey Lake Tennis Club does so at their own risk with no liability of the club. The HLTC is not responsible for lost or stolen items.

HLTC Executive:

John Creen, Peter Hintze, David Glass

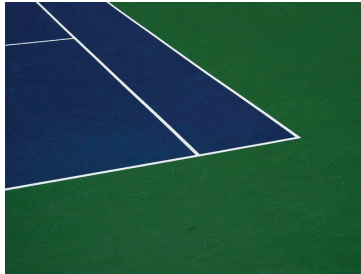
Please feel free to contact the above with any questions or concerns.

Finally... Donations will be gladly accepted to upgrade and maintain this facility.

We are planning a grand re-opening/family fun day and annual meeting for later in the season and will keep you informed.

I look forward to seeing you on the courts!

Email: John Creen jmccreen@gmail.com



Membership Sharon Tosswill

Hello Fellow Cottagers: Our summer season seems to have finally arrived! I am pleased to say we have 165 paid up members at this time. Just a reminder to those who have not yet sent in your membership renewal. If there are members of your families who would like to receive notifications through their emails please forward their email addresses to sharon_tosswill@hotmail.com and we will add them to our email list. Have a wonderful summer and hope to meet many of you at the Regatta in August.

Shifting Gears!

After 33 years of owning and operating **Lakeshore Marina & Chalets**, we are finally "shifting gears". In 1982 the ARNOLD family fell in love with Healey Lake.

We are grateful for every step we took, from building up the unique former Marina to what it has become and also starting the additional venture with the Chalets.

Both of our children, Daniel and Stephanie, were born and raised on Healey Lake, now 30y / 27y, they still treasure every moment of their upbringing in nature. Family is important and we look forward to spending more time with our first granddaughter in Sault Ste Marie (and hopefully more to come).

Australia will also be on our agenda in the future, where our daughter has lived for 3 years and will get married in March 2016. We are not ready to retire and will work and commute between Parry Sound and the Lake. We are excited about our new lifestyle as a normal 'Cottager' on Fox Back Road, We will now enjoy weekends 'off' with time to explore Cottage Country.

We value your trust in our business over the years, **but most of all** the friendships that touch our lives in such a meaningful way, in the past, the present and the future. Lakeshore Marina & Chalets is changing hands on June 12, 2015 ... but let's keep in touch .. and see you on the lake.

Cheers *Susan and Peter Arnold*

And we wish you well Susan & Peter. Thanks for all you have done for the HLPOA.



EXPLORE OUR SHORES

A HANDS-ON WORKSHOP FOR ALL AGES

June 28, 9:30am-12:30, Craganmor Point Resort

July 18, 1:00pm-3:00, Springhaven Lodge

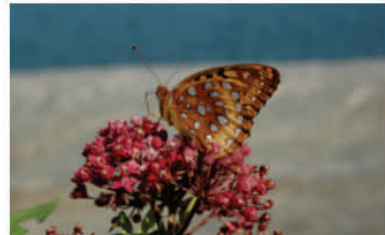
July 26, 10:00am—12:00, Healey Lake Lodge

Each workshop includes:

Living with Wildlife: tips
on sharing habitat.

Forest Health: learn the
risks and what you can do.

Bugs in the Mud: explore
water quality with cool
aquatic critters!



info@gbbr.ca

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Reserve and the Township of the Archipelago



Around the Lake

Stephanie Joiner

Celebrating 70 Years on Healey Lake

This year marks a major milestone for Louise Metz of Blueberry Island who is celebrating 70 years as a cottager on Healey Lake! Can anyone top this?

When asked about her experiences she says "The Healey Lake book pretty much tells my story, but I remember when there were three islands inhabited in the west end of the lake for parts of the summer. When we

wanted to talk to the others, we rowed or motored to their island - no phones or fancy electronics

then. Now, because of cell phones many people aren't listed in the phone book. So ... we are back to the original way of communicating. What goes around comes around! " Congratulations Louise!



Lakeshore Marina's and Chalet Turns Another Page in the History Books!

June marks another major milestone for Healey Lake as longtime business owners Peter and Susan Arnold made the decision to sell Lakeshore Marina and Chalets and join the ranks of 'regular cottagers' on Healey Lake. Stepping into their shoes is a longtime Healey family, Ben and Shelley Ramolla.

Thirty three years ago, while on a trip to Canada with his wife Hella, and son Andy, Karlheinz Arnold purchased Lakeshore Marina from the Kuikka family. In 1982, Andy moved to Canada and took up residence to begin the task of renovations. At that time the land consisted of a marina with a series of makeshift slips and a store. In 1983, Peter and Susan arrived in Canada with the mission to grow and run the business on a full time basis. Shortly thereafter three cottages were added to the land after considerable clearing.



The whole family pitched in to build foundations and set the stage for the arrival of the new Viceroy cottages which were delivered in packages, to be assembled by Viceroy workers. The first year for the rental business was 1984 and this was the start of

some great experiences - some good, and some really quite memorable. Being an onsite owner of rental cottages certainly has its stories!

A decision was made that same year to replace the boat slips with two new buildings holding 18 boats each. The boathouses were built on cribs and floating docs were added on the east end of the new buildings.



In 1985, Andy returned to Germany to marry, and Peter and Susan continued to run and grow the business on their own to what it is today.

That same year they were blessed with the arrival of their first child, Daniel. It wasn't long thereafter that Stephanie arrived and the family was complete. The children grew up on the lake, attending Mactier public school and high school in



Parry Sound.

Over the years, Peter and Susan have generously supported our community.

The Lakeshore waterfront has been the location for the

annual regatta, and Susan & Peter have actively run the Cottage Watch program. As if being a resort owner was not enough, Susan has volunteered for years at the Stockey Centre and for Meals on Wheels in Parry Sound. In the spring of this year, Peter and Susan were approached by Ben and Shelley to consider a sale. As longtime cottagers on the lake, Ben and Shelley were committed to maintaining and growing the marina, and for Peter and Susan, it was a perfect fit! When asked what comes next, neither intend to retire, but are looking forward to spending time on the lake as 'regular cottagers'.



So the next time you see the 'Candy Ace' boat heading down the lake, you'll know it's not the Lakeshore water taxi, but two cottage owners taking in the sites and sounds of Healey Lake!

Councillor's Corner

Grant Walker

Ontario Provincial Police (OPP) Updates

The OPP remind us that 911 is for emergencies only and should not be used for non urgent calls.

The West Parry Sound OPP responded to 1435 – 911 calls between January 1st and December 31, 2014.

What percentage of these calls were of a non urgent nature? *For the answer, see the bottom of this page.*

During this same period in 2013, the OPP responded to 994 - 911 calls.

How does these non urgent calls happen?

Some of these calls are 'pocket dials', children playing with phones as well as accidental dials.

Tips for avoiding unnecessary 911 calls:

- Lock mobile phones or place in "stand-by" by using keypad lock feature. If your mobile device has a 911 auto-dial feature, you may be able to disable it. Check your owner's manual,
- Do not program 911 into speed dial,
- Do not place your mobile device in a position where the key pad can be accidentally pressed,
- Do not let children play with phones including old cell phones. A phone with a battery – even when it does not have any contract or service, can dial 911.

Emergency services do respond to all 911 calls. Unnecessary calls place a huge burden on services and can delay response to real emergencies, resulting in potential tragedies.

T9-1-1

T9-1-1 is a new service for those who are deaf, hard of hearing or have difficulty speaking. The Archipelago is included in the list of various areas in Canada which have this service



The answer: Of the 1435—911 calls, 752 or 52% were of a non - urgent nature.

T9-1-1 *cont'd*

For more locations and how to access this service, go to <http://textwith911.ca>

Online Citizen Self Reporting

You now have the option to report select occurrences to police from the convenience of a computer.

You can use this system to report:

- Theft under \$5000.
- Mischief/damage to property under \$5000.
- Mischief/damage to vehicle under \$5000.
- Theft from a vehicle
- Lost or missing property (including license plates)

If you prefer to contact the OPP by phone to report a crime and have an officer attend, the 24 hour OPP toll-free number is 1-888-310-1122

Do not use online citizen self reporting for an emergency – Call 911.

Township of the Archipelago Forest Health

Beech Bark Disease

- Strong presence in the Archipelago
- Spread in Black stone, Crane & Healey Lakes

Gypsy Moth

- Low levels in the Archipelago

Hemlock Looper

- Present in low levels at Blackstone, Crane & Healey Lakes

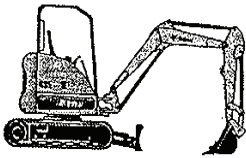
What we can do ..

- Become familiar with your property and the types of trees growing on it,
- Understand the current and possible threats to our trees,
- Monitor our property during different seasons,
- Familiarize yourself with relevant legislation regarding woodlot management and funding opportunities
- For more on trees and what we can do to ... go to www.thearchipelago.on.ca Environment tab, select Forests - great resources & reports

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Biosphere Reserve (GBBR)



The Township of the Archipelago (ToA) has partnered with the Georgian Bay Biosphere Reserve (GBBR) to deliver expert programming to ratepayers, including water quality, forest health, and kids' programs. This summer marks the second year of Biosphere activities, offered in three areas of the Archipelago on a rotating basis. Healey Lake, Bayfield Nares, and South Channel will be hosting in 2015, with other events scheduled throughout the Biosphere Reserve. We look forward to working with you!

Love Your Lake

This national program was launched last year in Muskoka – Honey Harbour. 400 properties were surveyed with reports back to residents about shoreline health. This year, Brian Mills will be on the water in Sturgeon Bay and Healey & Crane Lakes. Visit loveyourlake.ca for information or contact Brian at loveyourbay@gbbr.ca

Explore Our Shores Workshops Coming Soon!

Join GBBR staff to learn about the biosphere in your backyard! There will be hands on activities for all ages, and opportunities to ask your questions. No registration needed! Themes at each day include: **Bugs in the Mud**; you'll be up close and personal with cool aquatic critters! In the **Living with Wildlife** session, discover tips for sharing habitat with species at risk. Finally, **Time for Trees**! Do you know what's bugging your trees? Understand which insects pose a risk and what you can do to help protect your trees.

July 26th, 10:00 - 12:00 am, Healey Lake Lodge

Training Available to Support Shoreline Stewardship

We are continuing to offer training to property owners about best practices for shoreline protection. After attending the 3-hour workshop, participants will be eligible to apply for funding to assist with water quality improvements on their property. Participants of our previous training (such as "Life on the Bay") are also eligible for funding. Contact Delaina at education@gbbr.ca for more information and workshop dates near you.

Community Stewardship Program in Georgian Bay Biosphere

The Lake Simcoe & South-eastern Georgian Bay **Community Stewardship Program** works to maintain a high level of water quality. Education, consultation, and financial support is available for all landowners within the Biosphere (west of highway #400/69) to help with shoreline erosion control, water well maintenance, septic improvements, planting native species, and other projects. Landowners must attend a training workshop to be eligible to apply for funding. Public workshop dates include:

June 27, 9:30 am Museum on Tower Hill, Parry Sound

July 25, 9:30 am Township of Georgian Bay Office

August 12, 6:00 pm Britt Seniors Centre

For more info on any program or to volunteer contact GBBR staff at info@gbbr.ca. Township staff can be reached at: 705- 746-4243



*A Water-based
Community*

HLPOA 2015/16 Executive

President	David Latter
Vice President	Stephanie Joiner
Vice President	Rich Nagy
Past President	Dan MacLeod
Treasurer	Blake Hayley
Secretary	Debbie Latter
Water Testing	Ken Fleming
Fire Safety	Charlie Smith
Lights	Dion Burke
Advertising	Chris Moore
Regatta	Angie Reichenbach
Cottage Watch	Richard Martin
Membership Welcome Kits	Sharon Tosswill
Dock Talk	Nancy Simpson
Website	Dave Duggan
Advisors	Bruce & Barb Jones
Archivist & Auditor	David Pols
Councillor	Grant Walker

Jim had worked for Rose Anne prior to his time on the Lake and when they were looking for a cottage, Jim led them here. As they boated up the Lake, they happened to see our name sign and so for all these years we have looked forward to summer and time to see more of Bill & Rose Anne. We are particularly glad to welcome them back this year after a several weeks of health challenges.

I know that other families will be celebrating various time intervals on the Lake this year as well as long and short term relationships but there is one thing on which we will agree: Healey Lake is a special place and we are blessed to be here.

We would love to know your cottage story whether you are new or long time Healey Laker so please send it to us. Our very best wishes to the Metz's as they celebrate 70 years on the Lake. Here's to seventy more!

Have a great summer! Play and stay safe!

The Last Word

Nancy Simpson
rn.simpson@sympatico.ca

For seasonal cottagers like my family, cottage season is finally underway. Thanks to Stephanie Joiner's considerable contribution to Dock Talk, I am now well aware of just how great winter is on the Lake and how much fun goes on as we seasonal souls hibernate elsewhere. Hockey on the Lake, organized by Chris Moore last winter looked like great fun.

I am feeling a little nostalgic this year as my family marks 60 years on the south shore of Healey Lake. What an integral part of our lives this place is. We have had the good fortune to cottage beside the Johnson/Bennett/Thomson families for all of these years. This year both families will have fourth generation cottagers in training. We were particularly delighted to recently welcome eight week old Tucker Bennett Thomson as the first of that family's fourth generation. It is our hope and prayer that all these little people who make up the fourth generation of Healey Lakers will enjoy what our parents and grandparents made possible for us.

To the west of us, the Wingfields have been cottage neighbours for I would guess 30++ years. We fondly remember the kindness of Don and Elizabeth Wingfield and can only imagine their pride in seeing their family including grown grandchildren take their place on the Lake.

Two doors to the east, the cottage of Cliff & Donna Walters was in the early years owned by Mitchells. You could set your watch by their fishing routine. At 9 a.m and 4 p.m, their small aluminum boat would head west for an hour or so of fishing and they were always (or it seemed) successful with their catch.

Rose Anne and Bill Kreps have been on Healey Lake for probably 30 + years now and it was a strange twist of fate when we found ourselves across the lake neighbours. Rose Ann and I were classmates at Hamilton General Hospital and had been friends (Bill included) for many years more than I will disclose here.

Many will remember Jim Hunter who along with his wife, Myrt owned and operated Healey Lake Lodge for many years. They served the best fries.