

Dock Talk is a publication of the Healey Lake Property Owners Association (HLPOA)

# From the President

Hello to all HLPOA members. I'm happy to be serving as the association President this year. Dan MacCleod originally suggested I would be a good person to lead the charge, and after talking to a few neighbours to get their inputs, I saw the challenge and decided to take it on. I know a number of folks on the lake and look forward to getting to know more in the days ahead.

When people ask 'who is Reg Heal?', I tell them I'm a little bit country and I've been around this area a long time. I grew up in North York at the time when the 401 was first being built – back in those days it didn't even go all the way to Oshawa! I've been on the lake since 1953 and my wife Lise' and I have lived in the area for over 36 years. We have been cottagers on Healey for 14 years, and have lived here as full time residents for the past 3 years. We have a son Jason (wife Angie), and daughter Carrie (Chris) and three beautiful grandkids – Paige, Madison and Jacob - that keep us busy on weekends and holidays. We love the lake and couldn't imagine living anywhere else.

On to business....we are lucky to have a full executive this year, including Stephanie Joiner who has just joined us as VP last week and is full of vim and vinegar with new ideas to discuss. Its new ideas and new volunteers that are going to make this year a success, and we need to hear from all of you! It doesn't matter if you are on the executive or not – if you want to get involved and have some fun, we have a place for you and want to hear what you have to say. Have a question, comment or idea? Call me at 705-375-0907! I'm the only Heal in the phone book and I'd like to talk to you.

I also want to take this time to apologize for not having a regatta this year but with your help we will be back on track again next year. In its place, we will be joining with Peter Hintze and Mariner's Cove Marina in sponsoring Family Day on August  $9^{th}$ . All cottagers are welcome. Free burgers and dogs by M&M meats, and Lisa Ernst's Famous Fries from 11am to 3pm. Please share this with your neighbours and join us for some fun!

The Annual Bottle Drive is also happening August 23rd. Please start collecting your bottles! If you can volunteer to help at these events, there's info in the Dock Talk about who to talk to. Please don't be shy – it's a great way to meet folks and get involved at the lake.

It's been said before that Reg Heal is 'one tough nut'.
I'm looking forward to continuing to live up to the name and making this a memorable year for everyone!
Yours Truly,

Reg Heal

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# HLPOA Annual Bottle Drive August 23rd

**It's Back!** The Healey Lake Annual Bottle Drive is returning **Saturday, August 23rd**, collecting beer, wine and liquor bottles and cans from your dock! **Start saving now!** 

Beginning at **10am**, runners will begin collecting from docks around the lake, & the barge will begin its trip from Barrett's up the main channel.



Here's a few tips from The Beer Store on what they will accept by way of returns to give you an idea of what we will be doing on the barge as collections come in . Any help you can provide in advance is greatly appreciated!

- 1. Separate glass, plastic and cans
- 2. Make sure all bottles are as clean as possible and do not contain garbage
- 3. Separate clear from dark bottles wherever possible
- 4. Count your contribution (please count and mark numbers on bags of cans if possible)

#### Have a hearty collection?

Snap a quick picture before loading and send to stephanie.joiner133@gmail.com. There's a prize for the biggest contributor!

### Better yet—have some time?

Join us for a day of laughs on the barge or as an empty bottle 'rum runner'', as we traverse the lake and stack and sort our loot. Contact Charlie Smith at healeylak-er@yahoo.ca to get on board!

# Membership Updates



Membership fees for this coming year are being adjusted to reflect our changing community. Membership fees are used to cover a variety of services including dam maintenance, government dock upkeep, installation of lighting and upkeep of the fire pumps. Members also benefit from winter Cottage Watch services, community events, and of course... the Dock Talk at least 4 times annually.

New annual fees starting next year are \$40 per cottage household. Adult children in each property location who also wish to be contributing members to the Association can purchase an Associate membership at \$20 (a reduction of 50% over previous rates).

We are also looking to increase our online readership and reach more members of your households.

Effective immediately, members can include up to 4 email addresses to their membership so everyone in the family receives email updates and online Doc Talk notices. Primary members only: send your request with emails to sharon tosswill@hotmail.com & davejduggan@me.com.

#### **TENNIS ANYONE?**

Tennis courts have been resurfaced last week and are open for play. Rates are

- A) Pay as you play \$10/hour
- B) Full Season Rate is normally \$100 but for this year only is \$50!

If you enjoy tennis and want to play, contact Mariner's Cove Marina during regular business hours (mon to thurs 830 to 5, fri and sat 830 to 6, sun 10 to 5) for more information. As always, donations for equipment are gladly accepted!



Mariners' Cove Limited 317 Healey Lake Road, PO Box #84 MacTier, Ontario POC 1HO Telephone: 705-375-2097 Fax: 705-375-0058

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## 2014 MCM Family Fun Day: Celebrating 46 Years! Saturday, August 9th - 11 am to 3 pm

Join us for M&M Meat's BBQ, Lisa's famous fries, vendors, demos, live entertainment & even more water excitement, dunk tank, face painting, balloons, activities, games, raffles and more. Tennis courts are open for complimentary give it a try. Plus buy your raffle tickets for the Naden Pink Boat tour to raise funds for the 2014 Run for the Cure.



# **Black Bears—Information and Advice for Cottagers**

Submitted by Nancy Gilchrist

There have been a few sightings as well as one incident with a cottager on Healey Lake with black bears this summer that spurred me to gather information about this rather fascinating and large mammal.

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this



black bear is smallest the North American bears . In region of province

the the bear population is more than 60 bears in

each 100 square kilometers. A large black bear can weigh on average between 100kg to 300kg (the female considerably less) and are 130 to 190 cm from nose to tail. The black bear has 42 teeth, 5 toes on each foot, each with a strong curved non-retractable claw. Black bears can be black, brown and some are bright blonde (less than 5%). They rely on berries, insects, vegetation and fish to survive, and will climb trees as an adult. Black bears will roam for food in a range of 8 to 15 kilometers. Bears navigational skills will allow them to migrate up to 100 km to find berry patches. When food is abundant they can gain up to 1kg a day and double their weight by fall. They are also able to return to their home range after being relocated a great distance. They mate early May and June and will produce 1 to 4 cubs with 2 cubs being the average every 2-3 years. They will hibernate primarily due to lack of food between November and April.

It has been said that this animal can be a nuisance or danger to humans however the information that I have gathered while researching this mammal that fact is far from the truth.

Most bears prefer wild foods. When there is a bumper crop like last year (2013) of raspberries, blueberries, choke cherries, beech nuts and acorn there are few sighting or people complaining about bears. If a bear comes to your cottage he is not coming to visit but coming because he is looking for food.

The best way to resolve a "conflict with a bear" is to remove the attraction (i.e. bird seed, food in your garbage, grease and food residue leftover in your barbeque). Cottagers need to be aware and ensure they have proper containment of garbage and that by eliminating their bird feeders during the spring to fall time period will significantly reduce the bear problem, especially if their natural food sources are poor.

Bears are just like us they are either curious about humans or are scared of us. "From a bear's point of view we're the most unpredictable thing alive because some of us talk to them, some of us will bang pots and pans, other people are very quiet and take pictures, and then there are those that will shoot at them."

"According to the Ontario Ministry of Natural Resources, bear attacks on people are rare, but can occur. MNR Jolanta Kowalski says in the past 20 years there was one fatality in the province as a result of a bear attack, which occurred in a provincial park in 2005. She says over the same time period there were 13 incidents involving serious injuries."

Referencing an article written in 2013 which interviewed a representative from Bear with Us (near Huntsville), it is dangerous for individuals to feed bears. The bears get complacent and lazy and will not forage for their food and then become more susceptible to hunters and also more apt to approach humans.

If you come across a bear, the best thing to do is to wave your arms open palmed to show there is no threat and speak loudly. ....keep reading for important tips on page 8

## **AROUND THE LAKE**

This has been a busy summer for many on the lake—and a year for milestones.



Peter and Susan Arnold of Lakeshore Marina welcomed a special arrival this month. First granddaughter Madison Rylee Arnold was born this month to parents Danny and Sara.

Mom, Dad, and Grandparents are ecstatic! Welcome to the lake Maddie!





John Cherepa celebrated his milestone birthday in style this month, surrounded by family and friends aboard a pontoon flotilla. Lots of fun was had by all!



Happy 60th Birthday John!

Dave McNamara celebrated his 50th earlier this month with an afternoon gathering of family and friends put on by his daughters Kristen and Jessica and wife Bobbi. Looking good Dave! Happy 50th!



Have a special event to share? Send a picture or two and a quick description with the details to stephanie.joiner133@gmail.com.

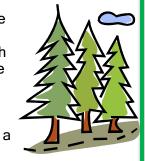
# **Community Events**

## **Mactier Big Weekend**

The Mactier Community Development Committee is very pleased to invite you to the 2014 Annual Big Weekend Festival taking place beginning **Friday**, **August 1st** to **Sunday**, **August 3rd** in MacTier,

After a movie night with the kids Friday night, start your Saturday morning off right with a pancake breakfast, then take a stroll over to the ball park to take in the 1st Annual how & Shine Care & Truck Show. Get involved in the Horseshoe Tournaments, sign up a Volleyball team online, join the kids in the

fishing derby or just come by to cheer them on while enjoying the Community BBQ and Beer Tent. Round out the evening with an outdoor summer dance to live music and DJ. Sunday, register for the Regatta at Stewart Lake (see website for registration details). For more information and a complete schedule of events,



check out <a href="http://www.bigweekendfestival.ca">http://www.bigweekendfestival.ca</a> .

Proceeds from this event go to support local children's sports, ensuring all children in our community have access to sport regardless of financial circumstances.



# ASPEN VALLEY

**Open House:** Saturday, August 2nd to 4th 2014, 1-4pm Aspen Valley Wildlife Sanctuary Crawford Street, Utterson, ON P0B 1M0

Aspen Valley Wildlife Sanctuary, located just outside Rosseau, is about a 30 minute drive from Healey Lake. Aspen Valley offers rescue, rehabilitation and release to sick, injured and orphaned Ontario wildlife. Come on out and meet our permanent residents and see what we do. There is no admission fee. Cash donations are gratefully accepted. Visit online at **www.aspenvalley.ca.** 

# HEALEY LAKE GOLF TOURNAMENT

# \*\*\* NEW\*\*\* Seguin Valley Golf Club \*\*\* NEW\*\*\*

When:	September 20, 2014	
Time:	Tee off will start promptly at 10:00 am, Lunch to follow at Seguin Valley clubhouse.	
Price:	\$120 for golf, carts, lunch & prizes.	
Registration:	A.S.A.P – LIMITED SPACE!!! Contact Peter Hintze info@marinerscove.ca Phone (705)375-2097, fax (705)375-0058 or cell (705)346-0292	
Transportation:	Return trip by bus from Mariners' Cove Marina only if enough interest is generated. Price starts at \$25/person.	
Prize Table:	Prize contributions are gratefully appreciated. Please bring donations or prizes to Peter Hintze	
	Registration Information	
Name:		
Team:		
Phone number:		
Email address:		
Please mark off:		
I will be able	package (golf, cart, lunch and prizes) to contribute a prize or make a donation to purchase prizes o reserve a seat on the bus	
I'd like to play with the following people:		
NOTE:		



# **Check This Out!**



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# **Councillor's Corner**

A message from Grant Walker

At the recent association executive meeting the discussion turned to membership, volunteers, new residents and new generations. I then told the story of how the associations were originally responsible for the formation of the Archipelago township, and our ability to self-determine the fate of this beautiful area we are so fortunate to enjoy. I was asked to give a little background for "Dock Talk". Hope you find it of interest....

When most of the settlement took place on Healey and Kapikog Lakes there were a few poor roads, no hydro or communications. When you ran out of friends and relatives to help and your children were still too small, you turned to neighbors and helped each other leading to many close life-long friendships.

For much the same reasons, associations were formed and more goals set and achieved.

In the 70's, surrounding municipalities were looking at the huge unorganized area and thinking what they could do with all the extra potential tax revenue if they could just absorb all or some of what is now The Township of The Archipelago. Luckily the area had some far sighted people and strong active associations to back them up. After much work, meetings and some say a 'little skulduggey', the Province of Ontario was convinced to create the Archipelago Township.

In the beginning the associations had very hands on control of the fledgling municipality which was good considering most of the residents came from literally all over the world (certainly from all over Ontario). The associations represented different neighbourhoods with the same objectives but some differences in how to get there. Council still relies on these associations for their valuable input.

In many ways the Archipelago is a progressive leader in the West Parry Sound area and in the

## **Councillor's Corner Cont'd**

eyes of the Province. Many look to us for good roads, waste management on mainland and off shore, shared services, GIS management, protection of water and forests, septic management, planning etc.

All this in saying everyone (new or old) should look at your association and the rich heritage it has passed on to you and make the effort to keep it healthy and vibrant. From personal experience I know you'll make great new friends and add another dimension of fun to your lake life.

Grant Walker, Councillor Ward 6

Tel: 705 720 2244

E-mail grant@olresources.ca





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# **Black Bears Continued..**

<u>Do not run.</u> "A black bear can run faster than a racehorse over a short period of time". You need to act assertive, not aggressive. A bear can be assertive as well by stomping his feet, clacking its teeth, snorting and sometimes making a rush move toward you and then stopping. This is assertive, not aggressive. It is said that an aggressive bear is very quiet, no noise and means business.

Be Bear Wise- What you can do:

- Put away bird feeders and offer natural alternatives like flowers, nesting boxes and fresh water.
- Clean outdoor grills after each use, including the grease trap underneath.
- Store garbage in waste containers with tight-fitting lids—preferably inside if possible.

#### TO REPORT BEAR PROBLEMS:

Contact the Bear Reporting Line at: 1-866-514-2327

(TTY) 705 945-7641

In a life-threatening emergency, call your local police or 911.

\*\*Note: Some information gathered from MNR website and report June 2009 "Backgrounder on Black Bears in Ontario –OMNR"



# Fishing For The Future..... An Argument for Catch and Release

By Stephanie Joiner

Not long ago an angler's expertise was measured in pounds of fillets and photographs with stringers of dead fish. Now, according to the MNR, live releasing all or part of the catch is more common, as anglers across Ontario become more conservation-oriented. Fisherman realize that no body of water has a limitless supply of fish, and understand that they have a responsibility to protect and improve the fishery. Healey Lake is no exception.

The most common reason live release has become popular is that anglers simply want to help the fishery continue to replenish itself. For example, larger fish in a population are cherished not only for their trophy qualities but also for their spawning superiority. By quickly and carefully returning these beauties to the water, they can spawn to produce more fish, and live another day to be caught again. As a result, the MNR suggest in many cases it is better to keep a few averaged-sized fish, and release most or all of the larger ones.

For those who enjoy a feast of fresh fish now and again, consider practicing "Selective Harvest" - this is a term used when anglers release a chosen portion of their catch yet still keep a few fish for the table. Most of Ontario's fish are excellent to eat. Harvesting enough for a meal or two is perfectly acceptable and an important part of the fishing experience for children and adults. In Healey Lake, species such as rock bass, crappie and sunfish are far more abundant than game fish such as pike or bass. Keeping a number of these "panfish" may well be preferable to keeping a limit of the less abundant game fish species. They are darn tasty too! For tips on cleaning Crappie and other panfish, check out this YouTube video for complete instructions; <a href="https://www.youtube.com/watch?v=-">https://www.youtube.com/watch?v=-</a> 0q4IFaPM08



If you are interested in supporting live release on our lake, the Ministry has these tips to help ensure fish returned to the water survive and thrive:

- Use barbless hooks; avoid using live or organic bait.
- Reduce the time a fish is played on the line.
- Angling-induced stress and mortality increase considerably as water temperatures increase. The cooler the water the better the chance a released fish will live. Taking a fish from deep, cool water up to warm surface water can be especially stressful. If you plan to release your catch, avoid fishing during extremely hot periods of the summer.
- Keep the fish in the water as much as possible and handle the fish gently to prevent removing the slimy protective coating.
- Have your camera at the ready to reduce the time the fish spends out of water. Hold the fish horizontally to support its weight when photographing.
- Do not squeeze or touch the gills. Grasp the fish just behind the gill covers. For panfish and bass, it is best to grasp the fish by the lower lip.
- Use long-nose pliers to remove the hook quickly without tearing or injuring the fish. If the fish is hooked deeply, cut the line and leave the hook in when the fish is released.
- Never put a fish that you may release on a stringer, use a functional livewell or release the fish immediately. All fish kept in a livewell, on a stringer and not immediately released count toward your daily catch limit. Snapping turtles also *love* gill chains – their contents make a nice feast for them so keep an eye on them!
- Revive the fish before letting go. Hold the fish upright in a swimming position in the water, moving the fish slowly forward and backward so water runs through the gills and it can swim away under its own power before it is released.

By catching and releasing large fish in our lake, we not only preserve the sport for our children, we get to enjoy the thrill of the catch time and again. The next time you get the big one, consider taking a picture and returning it to the lake to spawn again......it can always be "the one that got away". The future is ours to protect.



catch and size limits which apply to fish harvested from the area. Slot size and catch limits ensure that the primary breeding size fish

catch limits ensure that the primary breeding size fish are returned to the waters to maximize reproductive capacity.

Here is the list of fish most commonly caught in our lake.

SPECIES	OPENING DATES	LIMITS
Largemouth & Small- mouth Bass or any combination	4th Sat. in June to Nov. 30	Sport Fishing License - Max- 6 Conservation License - Max- 2
Northern Pike	Jan. 1 to Mar. 31 & 3rd Sat. in May to Dec. 31	Sport Fishing License - Max- 6 Conservation License - Max- 2
Crappie	Open all year	Sport Fishing License - Max- 30 Conservation License - Max- 10
Sunfish	Open all year	Sport Fishing License - Max- 50 Conservation License - Max- 25

**NOTE:** Violating size or quantity limits is against the law.

To report resource abuse and violations, call the TIPS-MNR line at 1-877-847-7667 or call Crime Stoppers anonymously at 1-800-222-TIPS.

#### LICENSING FOR ANGLERS

ALL anglers between the ages of 18 to 64 require a valid fishing license to legally fish in Ontario. Costs are minimal and proceeds go towards conservation of our fisheries. Day passes are available as well as licenses.

There are two types of licenses:

**Sport Fishing License:** For anglers who want full catch and possession fishing privileges.

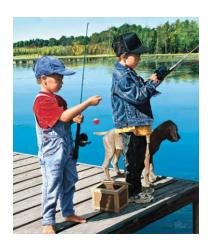
**Conservation License:** This is a reduced catch and possession limit license. At almost half the price of the Sport Fishing License, it is ideal for anglers who want to live-release the majority of fish caught.

**NOTE:** Failure to carry a license can result in fines and confiscation of your catch and your boat. The MNR are regular visitors to our lake so please take steps to get your license if you have not already.

#### **WANT MORE DETAILS?**

For more information on slot size limits, fishing licenses including licenses for non-Ontario residents, please see the Ontario Ministry of Natural Resources (MNR) Fishing Guide Summary located here: <a href="http://www.ontario.ca/travel-and-recreation/ontario-fishing-regulations-summary">http://www.ontario.ca/travel-and-recreation/ontario-fishing-regulations-summary</a>

# Now Let's Go Fishing!



# **The Loons**

By Nancy Gilchrist

Well, it has been an interesting summer so far. The weather has not been the greatest but true cottagers just love to be here and enjoy life no matter what mother nature brings us!!



The loons arrived on our lake in April and in the month of June have either been successful with their nesting and are rearing their young or have not been successful. At our end of the lake we have had very few sightings of the loon this season and when I have it has only been one loon.

I had one report in late June that there possibly was a loon nest in the west end of the lake however I have not been lucky enough to see any young this summer. If we are lucky enough to have young on our lake this season the young will remain on the parents' backs while still small as they do not have the stamina to keep up with their parents. They are also not able to dive which makes them more vulnerable to predators and boat traffic.

This summer while out in your boats please steer clear of these beautiful species. We all look forward to the return of the loon each year to Healey Lake and watch in anticipation to see if once again we will be lucky enough to have chicks.

Eager loon watchers should use binoculars and telephoto cameras. If the adult comes toward you with wings spread or the tremolo call (crazy laugh) you are too close to the nest or the family.

Those cottagers who rent or allow their guests to drive their boats—**Please** remind them of safe boating practices and post rules in the cottage.

- Slow your boat where loons nest (nests can be flooded by wakes)
- Don't kayak or canoe near nest (slow-moving craft may alarm the loon and it may abandon nest)
- Steer clear of loons and chicks while boating
- Retrieve fishing line and tackle (loons may become entangled leading to death)
- Use lead-free tackle (loons ingest small pebbles to digest food and mistake lead sinkers for pebbles. Lead poisons! Request lead-free alternatives)



# H.E.L.P HELP END LAKE POLLUTION

DO NOT USE SOAP IN THE LAKE
DO NOT USE SHAMPOO IN THE LAKE
DO NOT USE FERTILIZER NEAR THE LAKE

All of the above add nutrients to the water which encourage the growth of algae that destroys the lake environment.



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#### **HEALEY LAKE VOLUNTEER BOARD**

Have some time to spare and want to help out with events and services at the lake? Here's a list of areas where volunteers are needed. See one you like— drop a note to the contact and we'll get you on your way to participation. It's fun and a great way to meet your neighbours!

#### Family Day—August 9th.

Volunteers needed to help with games, dunk tank and other children's events. Contact Peter Hintze via info@marinerscove.ca

#### Bottle Drive—August 23rd

Volunteers needed as runners to bring bottles to the barge (must have your own tin boat), or to be on the barge to help sort, and to help load at the end of the day. Contact Charlie Smith via healeylaker@yahoo.ca

## Lighting—Needed Now

New lights are in and need to be installed around the lake. If you are handy and can spare a bit of time your help is appreciated to keep our waterways safe at night. Contact Charlie Smith via healeylaker@yahoo.ca

#### Photographers - Year Round

Photographers wanted for events around the lake. Take them as they happen and share them on "Around the Lake". To volunteer for events or submit an item for the page, contact Stephanie Joiner at stephanie.joiner133@gmail.com.

#### Cottage Watch (Winter)

Available to check on a few cottages in your area this winter? Volunteers are asked to visit each assigned cottage at least twice during the winter—more often after heavy snowfall. Contact Peter and Susan Arnold at lakeshoremarina@vianet.ca.

YOUR 2014 ASSOCIATION EXECUTIVE		
President	Reg Heal	
Vice President	Stephanie Joiner	
Treasurer	Dave Duggan	
Secretary	Debbie Latter	
Water Testing	Ken Fleming	
Fire Safety	Charlie Smith, Bob Barrett,	
Lights	Vacant-Could this be you?	
Advertising	Chris Moore	
Regatta	Vacant for 2014 ( Angie Reichenbach)	
Cottage Watch	Peter Arnold	
Membership Welcome Kits	Sharon Tosswill	
Archivist & Auditor	Dave Pols	
Councillor	Grant Walker	
Advisors	Bruce & Barb Jones	
Dock Talk	Nancy Simpson	
Website	Dave Duggan	

# **The Last Word**By Stephanie Joiner

As summer gears up and holidays begin, a reminder to everyone to be safe and have fun on the lake. With more families enjoying skiing and tubing, the need to be alert on the water is higher than ever. We are very fortunate to be able to enjoy this wonderful area with family and friends.

If you would like to get involved in the association, please do not be a stranger. If you are not the primary cottage owner and would like to still receive email notifications and Dock Talk release notices please check out page 2 for instructions to get your email included in our communications. It takes all of us to build and sustain a community and we would love to have you involved!

Have feedback or ideas on Dock Talk or for the association? Contact us today:

Reg Heal: 705-375-0907

Nancy Simpson: rn.simpson@sympatico.ca

Stephanie Joiner: stephanie.joiner133@gmail.com